### **Continuing Education Event!**



# "From Pre-Diabetes to Insulin Pens"

Presented By:
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Littleton Regional Healthcare

This session will provide learners with an understanding of pre-diabetes and the risk factors and will continue along the continuum to diabetes and treatment options, namely insulin pens.

Participants will be provided with an insulin pen demonstration and will have a hands-on opportunity to enhance their skills with the insulin delivery mechanisms.

## Thursday, September 25, 2014 3:00 to 4:00pm

#### at Littleton Regional Healthcare in Conference Rooms 1, 2, & 3

For more information, please contact Diana Gibbs, NCHC Program Manager at 603-259-3700 ext 222 or by email at dgibbs@nchcnh.org.

#### **Objectives:**

- 1. Identify pre-diabetes and the clinical presentation of pre-diabetes.
- 2. Identify what is Metabolic Syndrome and its correlation to pre-diabetes and diabetes.
- 3. Recognize the symptoms and the importance of screening and early intervention/ treatment.
  - 4. Discuss the potential benefits of insulin pen devices.
  - 5. Demonstrate the appropriate use of insulin pens as a glucose control method.

#### **Continuing Education Credits:**

North Country Health Consortium/NNH AHEC is an approved provider of continuing nursing education by the New Hampshire Nurses Association Commission on Continuing Education, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity was approved for I Nursing Contact Hour. Activity # 307.

The North Country Health Consortium/NNH AHEC, accredited by the NH Medical Society, designates this live activity for a maximum of I AMA PRA Category I Credit.<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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