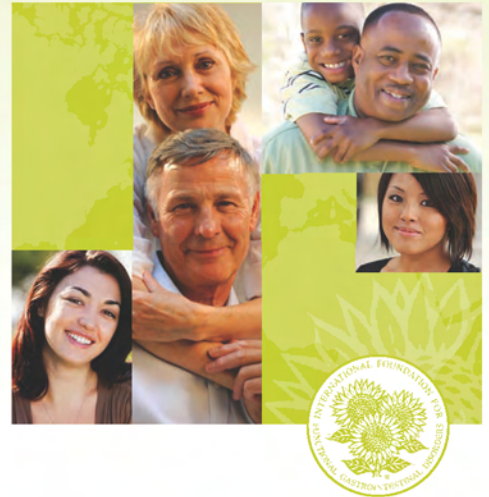


APRIL IS IBS AWARENESS MONTH



If you have IBS, you're not alone.

It's not always easy to talk about. Yet, irritable bowel syndrome, or IBS, affects over 30 million people in the U.S. — males and females, young and old. If you have chronic and recurrent abdominal pain and bowel problems... If your daily schedule is often ruled by intestinal discomfort... get help. IBS is a complex condition but there are ways to help manage it. Talk to your doctor.

Don't suffer in silence.

The International Foundation for Functional Gastrointestinal Disorders (IFFGD) is a nonprofit organization that offers information and support. We answer questions and provide information that you need to help regain control of your life.

Contact IFFGD to learn more or help in the search for a cure.

Toll-free (U.S.): 888-964-2001 — Email: iffgd@iffgd.org — Web: www.aboutIBS.org
www.facebook.com/IFFGD



International Foundation for
Functional Gastrointestinal Disorders

IFFGD

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