

Dear Friends of the Littleton Regional Healthcare Auxiliary,

Members of the Littleton Regional Healthcare Auxiliary are excited to announce *Second Helpings*, a sequel to our popular LRHA cookbook published in 2006. The first edition featured over 300 recipes from our members and friends in the community. The second book will again be professionally published, and we are certain that it will become another treasured keepsake for us all. Money raised from sales of the cookbook support a variety of funds throughout the LRH community.

Now we need everyone's help. Please submit up to five of your favorite recipes so you can be represented in our cookbook featuring standard categories (*Appetizers & Beverages, Soups & Salads, Vegetables & Side Dishes, Main Dishes, Breads & Rolls, Desserts, Cookies & Candy, This & That*).

Many recipes from all members will ensure that our encore volume is as successful as our first. You can easily submit your recipes online by following the directions below—or our committee will enter the recipes for you. If that is your choice, please use the form on the back of this letter to submit the hard copies of your recipes to the LRH Gift Shop, ATTN: Nancy MacNeil, or mail them to her at 56 Balancing Rock Rd., Franconia, NH 03580.

We anticipate a great demand for *Second Helpings*, and we want to be certain to order enough copies. To reserve **yours**, please notify Nancy: nancymacneil32@gmail.com or mail your order to her Franconia address. On the form, please include your name, email and snail mail addresses, and the number of copies you want. *Second Helpings* will be available for \$15.00 each.

*Please submit your recipes online by May 20, 2017 so we can meet our deadline.
Thank you!*

To Submit Recipes Online

- Go to www.typonsave.com and click **Login**.
- Enter the User Name - **LRH**.
- Enter the password - **jelly754** and click **Submit**.
- Enter your name and click **Continue**.
- Click **Add Recipes** to begin adding your recipes.

Recipe Writing Tips

- When adding recipes, review the **Tips** and use standard abbreviations as noted on the Recipe Collection Sheet Form on the back of this letter.
- Enter **only 1** ingredient per ingredient line.
- List ingredients in order of use in the recipe directions.
- Include container sizes, e.g., 16-oz. pkg., 24-oz. can.
- Write directions in paragraph form, not in steps.
- Use names of ingredients in the directions, e.g., "Combine flour and sugar." DO NOT use statements like "Combine first three ingredients."
- Include temperatures and cooking, chilling, baking, and/or freezing times.
- Include number of servings, e.g., Serves 6
- Additional comments about the recipe (history, nutritional data, suggested uses, etc.) may be included in the **Recipe Note** section.

Projects Funded by the LRH Auxiliary

- Care-a-Van
- Computers for Training
Programs
- Family Support Team
- Health Occupation
Student Association
- Reach Out and Read
- Sauter Birthing Unit
- Scholarships
- Sweats for Emergency
and Urology
Departments
- Wheelchairs
- Women's Health
Conference

