

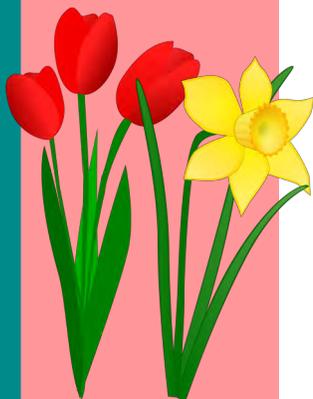
LRH Auxiliary

Member Newsletter

Spring 2018

Special points
of interest:

- Letter from our President
- Women's Health Conference
- Moose Ledge Gift Shop News
- Doctor's Day
- Dining for a Cause 2018
- Upcoming Events



From the President

Dear LRH Auxiliary:

I hope 2018 is starting out well for you and your families, and that you managed to stay healthy during the winter season.

The LRH Auxiliary is off to a good start! Our membership is growing! Four people have joined as lifetime members since January – Jill Burger, Ted & Vivian Seemueller and Carol “Suzie” Rumsey. Jill Burger is busy managing the gift shop for the LRH Auxiliary and is doing a fine job. Carol “Suzie” Rumsey is now volunteering in several locations at LRH, and she is going to join the volunteers in the Moose Ledge



LRH Auxiliary Board: Maryann Landoc, Sandy Monroe, Carlene Whitcomb, Gail Clark, Amy Mancini, Nancy Deiner. Back: Deb McKenzie, Anna Rioux, Laurie Morgan, Jill Burger, Barbara Langworthy. Missing: Cindy Mitchell, Kristen van Bergen-Buteau, Kathy Lewis, Maggie Starr

Gift Shop. Ted & Vivian Seemueller recently relocated to Sugar Hill. They will provide assistance as needed. *Welcome new members!* We want to continue to grow our membership and you can help. Do you know someone who

might be interested in being part of a team of dedicated volunteers who work hard to support Littleton Regional Healthcare and the patients it serves? Everything we do touches so many lives.

(cont'd page 2)

CONSIDER THE CONVERSATION

On **Thursday, July 26**, at the Colonial Theater in Bethlehem, LRH Auxiliary will sponsor the film, **Consider the Conversation**, a documentary on a difficult subject, end-of-life care.

The film features three terminally ill patients in their 50's and the people that care for them. This film will inspire

questions that we all need to think about and may help us find our own answers to those questions.

The hour-long film will begin at **6 pm** with a discussion panel to follow, 7-7:30 pm. To reserve your seat, please call **444-9582**.

From the President (cont'd)

Talk up the Auxiliary to friends and family. Let them know that the commitment is as much or as little as they want it to be. We need members who are willing to bake, attend events throughout the year (when they can), and who enjoy being part of a group of individuals who have fun doing what they do: raising funds to support LRH and to provide scholarships for area high school students.

We hold Board meetings the first Wednesday of each month (except during the summer months, which we take off to enjoy our families and gear up for next year). Meetings are held from 5-6 pm in one of the conference rooms at LRH. Please try to attend one of our board meetings so you can become familiar with what we are doing behind the scenes. You might even want to consider taking on a leadership role for one

of our special events or fundraising events. We can always use more hands, and I guarantee you will enjoy participating.

A special thank you to Cindy Mitchell, who recently chaired the Dining for a Cause event at the 99 Restaurant in Littleton, NH. Together with Anna Rioux, Donna Wright and myself, we greeted many people as they enjoyed dinner at the 99 Restaurant to support the LRH Auxiliary. The event raised more than \$700 which includes the "Basket Raffle" that was conducted on the same evening.

A special thank you to Amy Mancini, LRH Volunteer Director for managing all the various "special sales" events we host at LRH. The LuLaRoe sales events net more than \$700 in December, and Michelle Blanchard, LuLaRoe Dis-

tributor plans to come back in May.

I also want to thank someone who works behind the scenes as the Auxiliary Bookkeeper, Barbara Langworthy. Barbara works hard to ensure our finances are kept in order. Whether it is paying bills, keeping track of incoming donations, distributing funds to the appropriate department, or reporting on the finances of the LRH Auxiliary, Barbara's role is very important to the success of the LRH Auxiliary. Thank you, Barbara, for all you do! Your help is greatly appreciated.

Again, thank you to all of the LRH Auxiliary – for your continued role in making LRH a special place to work and to receive care.



Respectfully,

Welcome New Members!

Ted & Vivian Seemueller
Jill Burger
Carol "Suzie" Rumsey

Attention All Members

Do you have a new cell phone number? Or maybe your email has changed? If any of your contact information has changed in the past year, please let us know so you can continue to receive newsletters and information. Please contact our Membership Chair, **Kathy Lewis**, and provide her with your updated contact information as well as your preferred way to be contacted. Do you prefer email, a phone call or by regular mail? You can contact Kathy at (603) 823-7095, by email: fitz40lewis@aol.com or mail to:

Kathy Lewis, Membership Chair
P.O. Box 211, Franconia, NH 03580

Moose Ledge Gift Shop News



Hurray for V-Day!



Our big Valentine's Day Sale event was held on Weds., Feb. 14th. This year we included a "Sweet Treat" bake sale where many of our members contributed cute and tasty goodies to sell—cookies, cupcakes, marshmallow pops, even heart-shaped dog biscuits! Nearly all of them sold out, along with jewelry, scarves and other shop merchandise which resulted in sales of nearly \$1500! A huge THANK YOU to all who contributed to the success of the day!

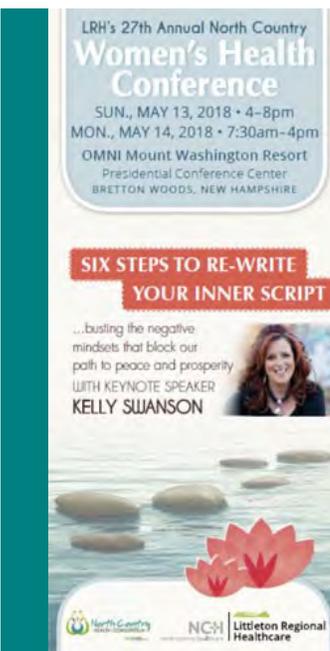
Check us out!

We have new merchandise coming in all the time! Stop in and check out our new shipment of attractive and affordable handbags, wallets, totes and over-sized bags. And don't miss our **Bloomin' Secret Sale** where you will receive "secret" savings on Thursday, **May 10th!**



Did you know that the Moose Ledge Gift Shop is LRH Auxiliary's **major** fundraiser? Profits from shop sales go right back into the LRH community for programs and support services!

North Country Women's Health Conference



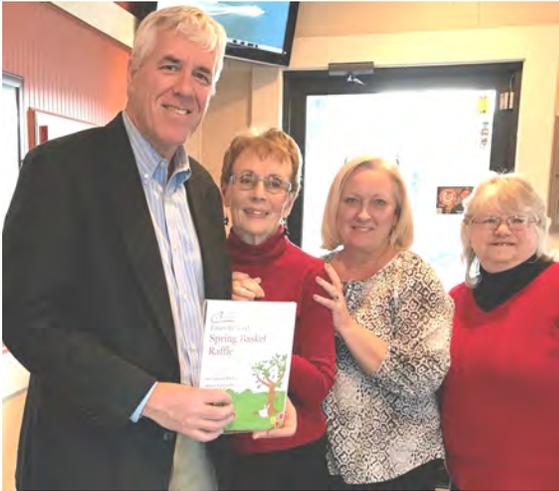
Please join us at the OMNI Mt. Washington Resort for the **27th Annual North Country Women's Health Conference on Monday, May 14th**. This is a fun and informative day of health-related topics affecting women today and presented by medical and healthy lifestyle experts. Free health screenings, Reiki, chair massage and much more will be available

If you've never attended before, please consider joining us. If you have attended before, you know what a great day it will be!

There are more than 20 speakers presenting this year and our keynote speaker, Kelly Swanson is great! Also, if you are interested, you can join us for some fun sessions on Sunday night as well.

Register online at: www.littletonhealthcare.org or call (603) 444-9355.

Dining for a Cause 2018



Above: NH Senator Jeff Woodburn, Anna Rioux, Gail Clark and Donna Wright

The LRH Auxiliary hosted its annual Dining for a Cause event at the 99 Restaurant on March 20th from 5-8 pm. It was a wonderful evening of good food, good friends, and a visit from NH Senator Jeff Woodburn. The LRH Auxiliary received over \$700 from this fundraiser, along with \$180 from the Spring Basket raffle, which will go towards the many programs and services that the LRH Auxiliary supports. Thank you to all who supported this great event!

The winner of the Spring Basket Raffle

Hannah Mitchell

Congratulations, Hannah!



From left to right: Nancy MacNeil, Donna Wright, Cindy Mitchell, Anna Rioux, and Gail Clark.



Doctor's Day

To show our appreciation for our healthcare providers and all they do, on Friday, March 30th, we celebrated with a luncheon served to over 31 of our LRH doctors and other medical professionals.

Many thanks to all the LRH Auxiliary members

and employees who provided all the delicious desserts and helped serve the lunch. Also, thanks to Sandy Monroe for organizing this great event.

From Left to Right: CEO Bob Nutter, Sandy Monroe, Sandy Lozeau, Amy Mancini, Laurie Morgan, Dr. Harlan Herr



Upcoming Events



May

Monday, May 14

Please join us at the OMNI Mt. Washington Resort for the **27th annual North Country Women's Health Conference** from **7:30 a.m. -4:00 p.m.**! (see article page 3)

Thursday, May 17

Our third **Lularoe** clothing sale will be held from **7 am-4 pm** outside of the cafeteria. We have done very well with this sale and there should be much to choose from to brighten your spring wardrobe.

Thursday, May 10

Everyone at LRH seems to look forward to the **Employee Ice Cream Sundae** event. It's hard to tell who enjoys it more—the employees or the servers! **11:30 am-1 pm**

June

Wednesday, June 6

The LRH Auxiliary will be presenting **Scholarship Awards** to some very deserving students this evening at **6 pm**. It will be held in Conference Rooms 1,2,&3 followed by light refreshments.

Thursday, June 7

The LRH volunteers will be honored at their **Annual Volunteer Banquet** from **5-8 pm** in the cafeteria and Medical Office building. It's always good to express appreciation to such a dedicated group of people!

(June cont'd)

Wednesday, June 20

Our **Garden Tea Party** will be held in the Atrium outside the Gift Shop from **2-4 pm**. It's nice to have a gathering to enjoy each other's company and celebrate all we do. It's also a great way to introduce someone new to our organization!

Thursday, June 28 & Friday, June 29

Collective Goods (formerly Books are Fun) will be setting up shop by the lower atrium outside the cafeteria. It's always great to see what new items they have in store for us! Pick up some birthday or special occasion gifts, or start your holiday shopping early. Shop either **Thursday from 11am-7pm** or **Friday from 7 am-1 pm**.

July

Thursday, July 26

There's still time to reserve your seat for **Consider the Conversation**. This documentary on a difficult subject provides a 360-degree view of end-of-life care. It aligns beautifully with the concept of advance care planning which is all about the process of talking with patients about their end-of-life wishes, documenting them, and aligning care with those needs.

LRH Auxiliary will be sponsoring the film and discussion at the Colonial Theater in Bethlehem beginning at **6 pm** with the film to be followed by a discussion panel from 7-7:30 pm. To reserve a seat, call **444-9582**.

The LRH Auxiliary Board does not meet in July and August.



Membership Application

If you enjoy working with people of like interests and feel that you would like to contribute to our goals of supporting Littleton Regional Healthcare, please consider joining us. The dues are \$15 per year, or \$75 for a lifetime membership. You will be placed on our mailing list and will be kept informed about meetings and activities. Please use the form below to request additional information or join our group.

We look forward to hearing from you!

Name (please print): _____

Mailing Address: _____

Telephone: (____) _____ - _____

Email: _____

Amount Enclosed: _____

Date: ____/____/____
 Month Day Year

Please mail your membership dues to and application to:

Kathy Lewis, Membership Chair
P.O. Box 211
Franconia, NH 03580

For additional information, please call Kathy Lewis at (603) 823-7095 or send her an email at fitz40lewis@aol.com.