

Menu for the Week of April 23rd to April 27th

For healthy choices, see the **ORANGE** selections below.

DAY	BREAKFAST	LUNCH	ITEM
Monday	Vegetable or Meat Quiche	Soup of the Day <ul style="list-style-type: none"> • Vegetarian: Chilled Strawberry Banana Soup • Brett's choice Entrée <ul style="list-style-type: none"> • Seared Chicken Breast topped with pineapple chutney and served on rice with seasonal vegetables • Hot Cuban Sandwich: Roasted Pork, Ham, Swiss Cheese, cheese, Pickles on Sour dough bread 	Chicken: \$3.25 Rice: \$1.20 Veg: \$1.20 Sandwich: \$5.75
Tuesday	Overnight cold Carrot Cake Muesli \$2.95	Soup of the Day <ul style="list-style-type: none"> • Vegetarian: Chilled Strawberry Banana Soup • Pasta Fazool Entrée <ul style="list-style-type: none"> • Asian marinated grilled chicken on a bed of mixed greens with Mandarin Oranges, carrots, toasted almonds, crispy Lomaine noodles with toasted Sesame citrus vinaigrette and crispy French baguette • Seared Pork Tenderloin with blueberry infused Port wine sauce, served with roasted potatoes and asparagus 	Salad: \$6.25 Bread: \$0.70 Pork: \$4.95 Potatoes: \$1.20 Asparagus: \$1.50
Wednesday	Yogurt bar with choice of Fruits, seeds, nuts and Granola \$5.00 per pound	Soup of the Day <ul style="list-style-type: none"> • Vegetarian: Broccoli Cheddar Soup • Pasta Fazool Entrée <ul style="list-style-type: none"> • Beef roulade filled with sautéed spinach, onions and sundried tomatoes. Served on mashed potatoes with demi glaze and seasonal vegetable • Turkey Burger on a Chiabata Roll, topped with provolone cheese, guacamole, Pico de Gallo and served with French Fries 	Roulade: \$5.75 Mashed: \$1.20 Veg: \$1.20 Burger: \$4.95 Fries: \$2.50
Thursday	Breakfast Taco: Soft shell filled with Scrambled Eggs, cheese, sautéed peppers, onions and Sausage, served with Salsa \$4.95	Soup of the Day <ul style="list-style-type: none"> • Vegetarian: Broccoli Cheddar Soup • Low fat Southwestern Corn Chowder with fresh cilantro Entrée <ul style="list-style-type: none"> • Chicken Enchiladas served with southwestern rice and vegetables • Vegetarian Panini filled with tomatoes, spinach, sautéed Portobello mushrooms, roasted peppers and cheese 	Enchiladas: \$5.25 Rice: \$1.20 Veg: \$1.20 Panini: \$5.50
Friday	Steak and Egg Sandwich on a bagel with cheese \$6.50	Soup of the Day <ul style="list-style-type: none"> • Vegetarian: • Low fat Southwestern Corn Chowder with fresh cilantro Entrée <ul style="list-style-type: none"> • American Chop Suey served with vegetables • Crab meat stuffed Sole filet in a lemon wine sauce on Tuxedo rice and sautéed spinach 	Chop Suey: \$4.95 Veg: \$1.20 Sole: \$6.00 Rice: \$1.20 Spinach: \$1.50

Dinner Specials Announced Daily!

Disclosure: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness

*The Cafeteria will serve breakfast Monday - Friday from 6:30 AM - 10:00 AM.

*The kitchen will be closed between 10:00 AM and 11:00 AM, but the Cafeteria will remain open with a limited selection of food options.

*Lunch will be served from 11:00 AM to 3:30 PM. Dinner will be served from 4:30 PM to 7:15 PM.