

Menu for the Week of April 16th to April 20th

For healthier choices, see the **ORANGE** selections below.

DAY	BREAKFAST	LUNCH	ITEM
Monday	Classic Hot Oatmeal with choice of toppings \$2.95	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Portobello mushroom cream soup with rosemary Hungarian Gulasch soup with onions and tri-colored peppers Entrée <ul style="list-style-type: none"> Honey curry chicken on pinenut couscous and julienne vegetables Swedish Meatballs served with noodles and vegetables 	Chicken: \$3.25 CousCous: \$1.50 Veg: \$1.50 Swedish: \$4.50 Noodles: \$1.20 Veg: \$1.50
Tuesday	Biscuits, Sausage, and Gravy \$4.75	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Country Style black bean soup garnished with fresh cilantro and corn tortilla strips Hungarian Gulasch soup with onions and tri-colored peppers Entrée <ul style="list-style-type: none"> Grilled Turkey strips on a bed of mixed spinach salad with fresh strawberries, toasted almonds, grilled pineapples, lemon poppy seed vinaigrette and a fresh baked baguette Grilled Marinated Steak tips served with a baked potato and bacon onion beans 	Salad: \$6.25 Steak tips: \$5.95 Baked: \$1.75 Beans: \$1.20
Wednesday	Yogurt Bar with choice of Yogurts, Fruits, Nuts, Seeds, and Granola \$5.00	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Country Style black bean soup garnished with fresh cilantro and corn tortilla strips Seafood Chowder Entrée <ul style="list-style-type: none"> Bow tie pasta with sautéed Tempeh, mixed vegetables and fresh herbs topped with a light alfredo sauce or tomato sauce Asian Chicken Wrap with Mandarin oranges, snow peas Julienne and Teriyaki glaze with crispy noodles 	Pasta dish: \$4.95 Bread: \$0.70 Wrap: \$4.75
Thursday	Vegetarian or Meat lovers Breakfast Frittata \$4.50	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Chilled peach soup with raspberry drizzle and toasted pecans Seafood Chowder Entrée <ul style="list-style-type: none"> Caribbean style roasted pork loin served with vegetable rice, broccoli and pineapple chutney Mediterranean Individual white flatbread pizza served with a tossed salad 	Pork: \$4.25 Broccoli: \$1.20 Rice: \$1.50 Pizza: \$4.75
Friday	Baked French toast infused with raspberries \$4.25	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Chilled peach soup with raspberry drizzle and toasted pecans Chef's Choice Entrée <ul style="list-style-type: none"> Fried Haddock served with French fries and Tartar sauce Sweet and Sour Tempura chicken on stir fry vegetables and steamed rice 	Haddock: \$6.00 Chicken: \$3.25 Rice: \$1.20 Veg: \$1.20

Dinner Specials Announced Daily!

Disclosure: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness

*The Cafeteria will serve breakfast Monday - Friday from 6:30 AM - 10:00 AM.

*the kitchen will be closed between 10:00 AM and 11:00 AM, but the Cafeteria will remain open with a limited selection of food options.

*Lunch will be served from 11:00 AM to 3:30 PM. Dinner will be served from 4:30 PM to 7:15 PM.