

Menu for the Week of July 16th to July 20th

For healthier choices, see the **ORANGE** selections below.

DAY	BREAKFAST	LUNCH	ITEM
Monday	Classic Whole Grain Oatmeal \$2.95	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Chilled Pina Colada Soup garnished with toasted coconut Southwestern Corn Chowder with Cilantro Entrée <ul style="list-style-type: none"> Seared Chicken Breast over pasta with a light lemon basil sauce and vegetables Chef Salad made with local greens and served with crispy bread with choice of dressing 	Chicken: \$3.25 Pasta: \$1.75 Vegetables: \$1.20 Salad: \$6.25
Tuesday	Yogurt Bar with choice of Yogurts, Fruits, nuts, seeds, granola, and other toppings \$5.00	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Chilled Pina Colada Soup garnished with toasted coconut New England Clam Chowder with scallions Entrée <ul style="list-style-type: none"> Grilled Pork Tenderloin topped with fresh peach salsa, rice, vegetables and a demi glaze Turkey melt on a large croissant with tomato, avocado, and Gouda cheese 	Pork: \$4.95 Rice: \$1.20 Veg: \$1.20 Melt: \$6.25
Wednesday	Meat or Vegetable Frittata \$5.50	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Chilled Georgia Peach Soup garnished with toasted pecans New England Clam Chowder with scallions Entrée <ul style="list-style-type: none"> Carved NY Striploin topped with sautéed mushrooms, red wine demi sauce, baked potatoes, and green beans Spinach Salad topped with grilled chicken, fresh strawberries, toasted almonds, carrots, edamame and poppy seed vinaigrette 	NY: \$6.00 Baked: \$1.75 Veg: \$1.20 Salad: \$6.25
Thursday	Yogurt Bar with choice of Yogurts, Fruits, nuts, seeds, granola, and other toppings \$5.00	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Chilled Georgia Peach Soup garnished with toasted pecans Country Potato Broccoli with bacon and sausage Entrée <ul style="list-style-type: none"> Baked meatloaf with gravy on mashed potatoes, carrots and peas White Vegetable Lasagna with Chicken served with pesto bread 	Meat Loaf: \$4.50 Mashed: \$1.20 Peas: \$1.20 Lasagna: \$5.50 Bread: \$1.00
Friday	Sausage, Biscuits, and Gravy \$4.75	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Chef's Choice Country Potato Broccoli with bacon and sausage Entrée <ul style="list-style-type: none"> Blackened Tuna Steak on a bed of sautéed vegetable Julienne with steamed rice and lemon Beurre blanc Classic French Dip on a sub roll with Aus Jus and onion rings 	Tuna: \$6.95 Rice: \$1.20 Veg: \$1.20

Dinner Specials Announced Daily!

Disclosure: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness

*The Cafeteria will serve breakfast Monday - Friday from 6:30 AM - 10:00 AM.

*The kitchen will be closed between 10:00 AM and 11:00 AM, but the Cafeteria will remain open with a limited selection of food options.

*Lunch will be served from 11:00 AM to 3:30 PM. Closed for Dinner.