

Menu for the Week of August 13th to August 17th

For healthier choices, see the **ORANGE** selections below.

DAY	BREAKFAST	LUNCH	ITEM
Monday	Meat or Vegetable Frittata \$4.95	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Tomato Carrot Soup New England Fish Chowder with Scallions Entrée <ul style="list-style-type: none"> Chicken Carbonara with seared chicken breast on a bed of bow tie pasta and topped with a bacon mushroom cream sauce, served with asparagus Monte Cristo Sandwich served with Maple Syrup 	Chicken: \$3.25 Pasta: \$1.75 Veg: \$1.50 Sandwich: \$5.75
Tuesday	Peach Raspberry Pudding with Vanilla Sauce \$4.95	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Vegetarian Tortilla Soup with corn tortilla strips New England Fish Chowder with Scallions Entrée <ul style="list-style-type: none"> Balsamic marinated pork tenderloin served on fresh green beans, sautéed onions, and roasted potatoes Chicken Caesar Salad with tomatoes, olives and croutons 	Pork: \$4.95 Beans: \$1.20 Potato: \$1.20 Salad: \$6.25 Bread roll: \$0.70
Wednesday	Yogurt Bar with choice of yogurts, fruits, nuts, seeds, granola and other toppings \$5.00	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Vegetarian Tortilla Soup with corn tortilla strips Thai Chicken and Rice Soup Entrée <ul style="list-style-type: none"> Grilled roast beef panini with bacon, banana peppers, purple onions and chipotle sauce served with fries Chicken Enchiladas served with Spanish rice and seasonal vegetables 	Panini: \$5.75 Enchiladas: \$5.25 Rice: \$1.20 Veg: \$1.20
Thursday	European overnight oatmeal (Muesli) with red berries, seeds, nuts, yogurt, and Bran \$2.95	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Potato Leek Soup garnished with bacon Thai Chicken and Rice Soup Entrée <ul style="list-style-type: none"> Marinated Flank steak served with herb butter, baked potato and vegetables Baja Salad with Shrimp, mixed greens, black beans, toasted corn, peppers, onions, jalapenos, grilled shrimp and Chipotle dressing, crispy baguette bread 	Flank: \$5.75 Baked: \$1.75 Veg: \$1.20 Salad: \$6.50 Baguette: \$1.00
Friday	Polish breakfast sandwich with eggs, Kielbasa, peppers, onions and cheese on a bread roll \$4.95	Soup of the Day <ul style="list-style-type: none"> Vegetarian: Potato Leek Soup garnished with bacon Chef's Choice Entrée <ul style="list-style-type: none"> Baked Cajun chicken breast served with savory mango ragout on fresh pepper rice with seasonal vegetables American Chop Suey with garlic bread 	Chicken: \$3.25 Rice: \$1.20 Veg: \$1.20 Chop Suey: \$4.95

Dinner Specials Announced Daily!

Disclosure: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness

*The Cafeteria will serve breakfast Monday - Friday from 6:30 AM - 10:00 AM.

*the kitchen will be closed between 10:00 AM and 11:00 AM, but the Cafeteria will remain open with a limited selection of food options.

*Lunch will be served from 11:00 AM to 3:30 PM. Closed for dinner.