

# Menu for the Week of May 21<sup>st</sup> to May 25<sup>th</sup>

For healthier choices, see the **ORANGE** selections below.

DAY	BREAKFAST	LUNCH	ITEM
<b>Monday</b>	Classic Oatmeal with choice of toppings \$2.95	<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• <b>Vegetarian: Broccoli Cheddar Soup</b></li> <li>• <b>Chicken and Rice with Scallions</b></li> </ul> <b>Entrée</b> <ul style="list-style-type: none"> <li>• <b>Shake and Bake chicken breast served on mashed potatoes with vegetables</b></li> <li>• Tomato and fresh Mozzarella on toasted greens with Italian Prosciutto Ham, Basil, Olive oil and balsamic vinaigrette</li> </ul>	Chicken \$3.25 Potato: \$1.20 Corn: \$1.20 Asparagus: \$1.50  Salad: \$6.25
<b>Tuesday</b>	Yogurt Bar with choice of Yogurts, Fruits, nuts, seeds, and other toppings Granola \$5.00	<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• <b>Vegetarian: Chilled Tropical Fruit Soup with toasted coconut</b></li> <li>• <b>Chicken and Rice with Scallions</b></li> </ul> <b>Entrée</b> <ul style="list-style-type: none"> <li>• <b>Herb marinated baked pork loin served with roasted potatoes and broccoli</b></li> <li>• Pasta with meat or marinara sauce served with vegetables and Garlic bead</li> </ul>	Pork: \$3.95 Potatoes: \$1.20 Broccoli: \$1.20  Pasta: \$4.95 Bread: \$0.70
<b>Wednesday</b>	European Muesli with Raspberries, Seeds, nuts, Apples, Yogurt \$3.75	<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• <b>Vegetarian: Chilled Tropical Fruit Soup with toasted coconut</b></li> <li>• Potato Chowder with smoked bacon</li> </ul> <b>Entrée</b> <ul style="list-style-type: none"> <li>• <b>American Beef Stroganoff on Butter noodles with carrots and peas</b></li> <li>• <b>Grilled Chicken herb salad sandwich with lettuce and tomatoes</b></li> </ul>	Beef: \$5.75 Noodles: \$1.20 Carrots: \$1.20  Sandwich: \$5.50
<b>Thursday</b>	Yogurt Bar with choice of Yogurts, Fruits, nuts, seeds, and other toppings Granola \$5.00	<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• <b>Vegetarian: Cream of Zucchini with garlic croutons</b></li> <li>• Potato Chowder with smoked bacon</li> </ul> <b>Entrée</b> <ul style="list-style-type: none"> <li>• Boston style baked Haddock with Ritz crackers, lemon butter, served with rice pilaf and Julienne vegetables</li> <li>• <b>Hawaiian Salad topped with toasted Macadamia nuts, grilled pineapples, mangos, grilled chicken breast, a Citrus Poppyseed vinaigrette and crispy bread roll</b></li> </ul>	Haddock: \$6.00 Rice: \$1.20
<b>Friday</b>		<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• <b>Vegetarian: Cream of Zucchini with garlic croutons</b></li> <li>• Chef's choice</li> </ul> <b>Entrée</b> <ul style="list-style-type: none"> <li>• Fish and Seafood basket served with French Fries and Tartar sauce</li> <li>• Chef's Choice</li> </ul>	Basket: \$6.25 Fries: \$2.50

**Dinner Specials Announced Daily!**

**Disclosure: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness**

\*The Cafeteria will serve breakfast Monday - Friday from 6:30 AM - 10:00 AM.

\*the kitchen will be closed between 10:00 AM and 11:00 AM, but the Cafeteria will remain open with a limited selection of food options.

\*Lunch will be served from 11:00 AM to 3:30 PM.