

# Menu for the Week of August 21<sup>st</sup> to August 25<sup>th</sup> - 2017

For healthy choices, see the **ORANGE** selections below.

DAY	BREAKFAST	LUNCH	ITEM
<b>Monday</b>	Southwestern Wrap with egg, Hot sausage, Salsa and Sour cream <b>\$4.50</b>	<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• <b>Vegetarian</b>– Chilled Pina Colada Soup with Pineapple and garnished with toasted Coconut</li> <li>• <b>Beef Barley Soup with fresh chives</b></li> </ul> <b>Entrée</b> <ul style="list-style-type: none"> <li>• <b>Seared herb crusted Airline chicken breast served on mashed potatoes with Ratatouille and dark herb pan sauce</b></li> <li>• Caesar Salad topped with croutons, grape tomatoes, and sliced marinated Flank steak</li> </ul>	Chicken: \$4.95 Ratatouille: \$1.20 Potato: \$1.20  Salad: \$6.25
<b>Tuesday</b>	Layered Parfait with Granola and Greek yogurt and fresh fruit <b>\$3.95</b>	<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• <b>Vegetarian</b>– Summer Squash Soup with sun dried tomato croutons</li> <li>• Beef Barley Soup with fresh chives</li> </ul> <b>Entrée</b> <ul style="list-style-type: none"> <li>• <b>Balsamic marinated Pork tenderloin served with sautéed rainbow Swiss chard, roasted potatoes and demi glaze</b></li> <li>• Brett's Curry chicken salad on a Ciabatta roll with lettuce and served with onion rings</li> </ul>	Pork: \$4.95 Swiss Chard: \$1.20 Potatoes: \$1.20  Sandwich: \$4.50 Onion rings: \$2.50
<b>Wednesday</b>	Hot Whole Grain Cereal "Amish Style" topped with Peaches and Pecan <b>\$2.75</b>	<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• <b>Vegetarian</b>– Summer Squash Soup with sun dried tomato croutons</li> <li>• Italian Wedding Soup with parsley</li> </ul> <b>Entrée:</b> <ul style="list-style-type: none"> <li>• <b>Pasta Bar with choice of three sauces vegetables and meats (chicken or sausage) and served with vegetables and garlic cheese bread</b></li> <li>• Pastrami Sandwich on Rye bread with caramelized onions and served with fried green beans</li> </ul>	Pasta Bowl: \$4.25 Tortellini Bowl: \$4.95 Bread: \$0.80  Sandwich: \$5.25 Green Beans: \$2.50
<b>Thursday</b>	Yogurt Bar with toppings <b>\$per pound</b>	<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• Italian wedding Soup with parsley</li> <li>• <b>Vegetarian</b>– Tortilla Soup with Crispy strips and fresh Cilantro</li> </ul> <b>Entrée:</b> <ul style="list-style-type: none"> <li>• <b>Sliced NY-Strip steak topped with sautéed onions and mushrooms, served with red wine sauce, baked potato and broccoli</b></li> <li>• <b>Baja Shrimp salad on a Talara bread topped with served with shredded lettuce, Avocado Salsa and a side of fresh watermelon</b></li> </ul>	NY: \$6.50 Baked: \$1.75 Broccoli: \$1.20  Sandwich: \$6.50 Watermelon: \$0.80
<b>Friday</b>	No Bull Bennie Shaved Steak on English muffin with poached egg, hollandaise and crispy onions <b>\$5.80</b>	<b>Soup of the Day</b> <ul style="list-style-type: none"> <li>• <b>Vegetarian</b>– Tortilla Soup with Crispy strips and fresh Cilantro</li> <li>• Chef's choice</li> </ul> <b>Entrée</b> <ul style="list-style-type: none"> <li>• Southern Chicken and Biscuit with Root vegetables</li> <li>• Fried Haddock with Tartar sauce and chips</li> </ul>	Chicken: \$5.65 Vegetables: \$1.50 Biscuit: \$0.80  Haddock: \$6.00 Chips: \$1.50

**Dinner Specials Announced Daily!**

*\*Disclosure: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

