



Menu for the Week of September 25th to September 29th

For healthy choices, see the **ORANGE** selections below.

DAY	BREAKFAST	LUNCH	ITEM
Monday	Southwestern Egg Wrap \$4.25	Soup of the Day <ul style="list-style-type: none"> • Vegetarian–Chilled Pina Colada Soup with toasted coconut • Potato Cheese Soup Entrée <ul style="list-style-type: none"> • Chicken Dijon on Multi grain rice and green peas • Sloppy Joes on a Kaiser roll with Cole Slaw 	Chicken: \$3.95 Rice: \$1.20 Peas: \$1.20 Sloppy Joe: \$4.95
Tuesday	Layered Parfait with Granola and Fruit \$3.95	Soup of the Day <ul style="list-style-type: none"> • Vegetarian– Chilled Pina Colada Soup with toasted coconut • Fish Chowder with Scallions Entrée <ul style="list-style-type: none"> • Grilled Skirt steak with fresh herb butter, roasted potatoes and broccoli • Turkey Patty Melts with spinach and roasted red peppers served with onion rings 	Steak: \$5.75 Potato: \$1.20 Broccoli: \$1.20 Turkey Melt: \$5.75 Onion rings: \$2.75
Wednesday	Yogurt Bar with choice of Fruit, seeds, nuts, and granola toppings \$5.00	Soup of the Day <ul style="list-style-type: none"> • Vegetarian–Classic Tomato Soup • Fish Chowder with Scallions Entrée <ul style="list-style-type: none"> • Roasted Pork loin topped with sautéed mushrooms with herbs on Au Gratin Potatoes, red wine sauce and seasonal vegetables • Grilled Shrimp on a Caesar salad served with a crispy bread roll 	Pork: \$4.25 Potato: \$1.50 Veg: \$1.20 Salad: \$6.25 Bread: \$0.70
Thursday	Berry Bread pudding with Vanilla Sauce \$4.95	Soup of the Day <ul style="list-style-type: none"> • Vegetarian– Classic Tomato Soup • Chef's Choice Entrée <ul style="list-style-type: none"> • Grilled Montreal seasoned Steak Tips served with a baked potato and broccoli • Turkey melt with bacon, avocado, and tomato on a 100Cal roll served with French Fries 	Steak: \$7.50 Baked: \$1.75 Broccoli: \$1.20 Turkey Melt: \$5.75 Fries: \$2.50
Friday	Corn beef and Hash with poached eggs and Toast \$4.95	Soup of the Day <ul style="list-style-type: none"> • Bread Bowl filled with Beef Chili • Bread Bowl filled with Chicken Corn Chowder • Bread Bowl filled with Vegetarian Black Bean Soup Entrée <ul style="list-style-type: none"> • California Cobb salad with avocado, tomato, and choice of dressing and served with fresh baked bread 	Chili: \$4.25 Bread Bowl: \$1.95 Soup: \$3.65 Salad: \$6.25 Bread: \$0.70

Dinner Specials Announced Daily!

Disclosure: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.