

2020

Annual Report

To the Community

I.C.A.R.E.

Integrity

Compassion

Accountability

Respect

Excellence



Where good health begins.



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Dear Friends of Littleton Regional Healthcare



Robert F. Nutter
President & CEO



Roger Gingue
Outgoing Chairman Board of Trustees



Jeff Woodward
Incoming Chairman Board of Trustees

As leaders of this great organization, we wish to express our deep appreciation to you for your support during the COVID-19 pandemic. Together, we faced a year of tremendous uncertainty. We are equally grateful and honored to work alongside our team of compassionate and resilient healthcare professionals and proud of their work this past year.

Last year, we shared our strategic plan for expanding and renovating the emergency department and inpatient units. These initiatives were put on hold when LRH received our first suspected COVID patient. With safety as our top priority, we opened our Incident Command structure and implemented our emergency operating plans. This allowed for timely and responsive decision-making as we began our fight against COVID-19.

We worked hard to implement the necessary operational changes to keep our staff, our patients, and our community protected, including establishing distinct COVID and non-COVID units. We also partnered with ClearChoiceMD Urgent Care to establish a drive-up testing site in Lincoln and we expanded our testing capacity on the LRH campus. At these two sites, through 2020, we tested 16,200 individuals. As the leading and most comprehensive healthcare provider in the North Country, we worked through these challenges while maintaining a high level of safety and care and we were able to continue our operations, confident that we could provide care needed by our patients.

Despite the challenges presented in 2020, we continue to grow our services and expand in critical areas like our tele-medicine capabilities. LRH welcomed several medical professionals in 2020 including Dr. Jonathan Lamphier, gastroenterologist; Dr. Michael Rhodes, hospitalist; Dr. Kylee Finn, family practitioner; and Dr. Daniel Underbakke, general surgeon as well as advanced practice providers and a record-breaking number of recent registered nurse graduates.

We could not have overcome our challenges without your help and speak for the entire Littleton Regional Healthcare community when we say we are full of gratitude for the overwhelming amount of community support that we have received this past year. From Personal Protective Equipment to keep our frontline workers protected to expressions of thanks to recognize our staff, we thank you. We know this has been a difficult period for so many. We are deeply grateful to the area businesses that extended their support even while facing hardships of their own.

We know the vital role LRH plays in our region and we are extremely optimistic about our future. We will build on our achievements in 2020 and continue to provide the highest level of quality healthcare to the greater North Country region of New Hampshire and the Northeast Kingdom of Vermont.

As we welcome the New Year, we are stronger, better prepared, and committed to providing quality, compassionate and accessible healthcare in a manner that brings value to all.

Respectfully,

Robert F. Nutter
President & CEO

Roger Gingue
Outgoing Chairman Board of Trustees

Jeff Woodward
Incoming Chairman Board of Trustees

2020 Statistics and Facts

Just a few interesting facts about Littleton Regional Healthcare...

- LRH is a 20-year old, 232,000 sq. ft. facility that rests in the heart of a 252 acre campus.
- As of September 2020, we employ more than 500 dedicated professionals including more than 60 credentialed practitioners on our staff. Approximately 95% of our physicians are board certified.
- In 2020, the staff at the Sauter Birthing Center welcomed 328 newborns – 155 boys and 173 girls. Of the 328 newborns, there were 6 set of twins.
- Our Emergency Department responded to more than 10,000 patients presenting at the LRH ED.
- The dedicated providers of LRH's Physician Practices served 75,873 visits in 2020.
- Our Diagnostic Imaging staff provided 23,997 radiology exams in 2020.





Giving Back to the Region We Serve

As a not-for-profit community hospital, Littleton Regional Healthcare is dedicated to improving the health and quality of life of the individuals and communities we serve. Our community benefit activities are fundamental to that mission. Each year, LRH develops a Community Benefits Plan that seeks to identify unmet existing health needs in the community, and needs identified during COVID-19 a nationwide pandemic. Each day, our staff, physicians and volunteers work together to meet those needs through quality health services, wellness and educational initiatives, and charity care. We are fortunate to partner in many of these initiatives with outstanding health, cultural, educational, and civic and social service organizations who share our vision for a healthier community.

Here are a few ways that LRH has given back to the community this year:

- Birth & Parenting Programs
- Financial Assistance/Charity Care
- Community Health Education
- Community Health Services
- COVID-19 Pandemic Regional Support
 - Screenings
 - Up-to-Date Information
 - COVID-19 Hotline
- Emergency Medical Services (EMS) Conference
- Healthcare Support Services
- Mom’s Morning Out Support Group for new moms
- Palliative Care Education
- Patient Transportation Services (Care-A-Van)

In 2020, LRH committed \$4.6 Million in community benefits and charitable health care along with programs and services for patients and their families in the communities we serve.



COMMUNITY NEEDS A 501(c)(3) not-for-profit organization, LRH consistently provides additional free or charity care and wellness/health education programs in order to meet the growing healthcare needs of the region we serve.

Financial Health Statement of Revenue & Expenses

For Fiscal Year Ending September 30, 2020 and 2019 (\$000)

INCOME

CHARGES TO PATIENTS FOR SERVICES	2020	2019
Care for inpatients	33,668	34,283
Services to outpatients	145,530	147,625
Total amount of our charges	179,198	181,908
– Less Government program reductions and discounts	(86,215)	(86,504)
– Less patients who are unable to pay for our services	(5,780)	(5,344)
Therefore we have received or will receive from patients or from those paying on their behalf: NET	87,204	90,060
HHS Stimulus revenue	5,638	0
Other operating income	4,858	5,301

Thus, we have received, or will receive a total of 97,699 95,361

EXPENDITURES

	2020	2021
For salaries, employee benefits, and the services of physician specialists.	58,377	59,375
Medical and surgical supplies, drugs, food, and other expenses.	35,408	31,835
Heat, water, and electrical services	1,358	1,322
Insurance and interest expenses	2,125	2,077
This year’s use of buildings and equipment	4,456	4,560
Earnings from operations to repay our debt and reinvest in the Hospital’s future	-4,026	-3,807

Therefore, this total is equal to the income received 97,699 95,361

Patient Testimonials



“We found a safe and caring place to have our baby.” – Amy Mancini

For Amy and Bob Mancini, Littleton Regional Healthcare holds a special place in their hearts for two very special reasons. Both of their children, James and Ava, were born at the hospital.

Despite the COVID-19 pandemic, Amy had no concerns about delivering Ava, who was born April 28. “Safety is the hospital’s primary concern,” she says. “They take the temperature of every visitor and ask if they’ve had any symptoms. And they limit visitors to just one birthing partner. For me, it was really a blessing in disguise. My experience was very intimate and quiet. For three days, it was like I was in my own personal oasis away from the world. I felt very safe from start to finish.”



“With everyone worried about COVID-19, I found the best hospital to keep me safe!” – Wendy Fahlbeck

Even in the middle of the COVID-19 pandemic, Wendy Fahlbeck had no worries about her July 10th visit to Littleton Regional Healthcare. Wendy needed two outpatient procedures performed: an esophageal endoscopy and her first colonoscopy.

“I researched nearby hospitals and, to me, Littleton Regional Healthcare was the best prepared to ensure my safety,” Wendy says. “They tested me for COVID-19 the day before my appointment, and the entire staff wore masks and gloves during my visit. They also limited the number of people in the hospital, so it was easy for my husband, Mark, and I to practice social distancing. We always felt safe there.”



“We trust Littleton Regional Healthcare to keep our family safe.” – Ryan & Mira Carlaw

When Mira and Ryan Carlaw moved their family from southern New Hampshire to the Littleton area in late May, they needed to change their primary care providers. They talked to several people, who all recommended North Country Primary Care, Littleton Regional Healthcare’s designated Rural Health Clinic.

“We wanted something close to us, and it’s so convenient that North Country Primary Care is located in the same building as the hospital,” Mira says. “We also wanted a place that took the necessary precautions to keep our family safe during the COVID-19 pandemic.”

Ryan and Mira’s children, Ty (6) and Kya (4), both see Kate Noel, APRN of NCPC. “We felt very comfortable and safe there. And Kate had a great demeanor with the kids. They really liked her, and I was very happy with the care she provided”, added Ryan.



Littleton Regional Healthcare's Response to COVID-19

Incident Command Team

LRH's response to COVID-19 began early, including assembling an Incident Command Team to lead LRH's response to COVID-19. This allowed for timely and efficient decisions made by key leaders representing various departments throughout LRH. COVID-19 presented new challenges unlike anything we have seen in our long history.

COVID-19 Vaccine

LRH monitored developments related to a COVID-19 vaccine very closely leading up to the official notice we received in early November that at least one vaccine was authorized for use and would become available soon. In mid-December, LRH received our first disbursement of vials and administering the vaccine to our high-risk employees began shortly thereafter. The U.S. Government and State of New Hampshire dictate the vaccine distribution and we are required to follow the mandated phased distribution plan. We are hopeful that in the coming months, most high-risk groups will have the opportunity to receive the COVID-19 vaccine. As of December 2020, the information available is very limited, but LRH remains committed to keeping our patients and community informed.

24/7 LRH COVID-19 Hotline

Another action LRH took early was to establish a 24/7 hotline, available for anyone to contact our clinical leadership with questions or concerns related to COVID-19. We felt a responsibility to provide this resource to the North Country and anyone seeking information.

Patient Safety

Our commitment to patient safety is greater than ever. LRH took necessary steps and exceeded recommended safety guidelines to keep our patients, staff, and community protected. Universal masking and screening policies, rearranged areas of our facilities, reconfigured airflow in our clinical units, and expanded tele-health capabilities are just a few changes we made in response to COVID-19.

Healthcare Heroes

Our staff reported to the frontlines of this health crisis every day, putting themselves and their families at risk. We adjusted staffing levels to meet volumes as needed and prepared for suspected increases in COVID-19 positive patients. Our staff remained dedicated to LRH and providing the highest quality care to our patients with each and every challenge COVID-19 presented.

Surge Preparation

LRH worked closely with health officials to prepare for a possible surge of COVID-positive patients. An Alternative Care Site was established in conjunction with the NH National Guard in anticipation of such a surge, but fortunately, as of December 2020, these overflow measures have not been needed. LRH took necessary steps to prepare areas of our facility to accommodate COVID-19 positive patients, including operating distinct COVID and non-COVID units to keep patients separate.



Community Support

The unwavering commitment of our staff to patient care and safety did not go unnoticed. LRH received an outpouring of community support from individuals and other local businesses. From hand-sewn masks to generous treats to recognize our frontline workers, we were overwhelmed with gratitude and deep appreciation for every gesture, act of kindness, or token of support.

Drive-Up Testing

LRH made it a priority to offer widespread COVID-19 testing. Partnering with ClearChoiceMD Urgent Care, a physician-owned and NH based urgent care center, allowed us to assemble two drive-up testing sites early on. Our no-hassle approach made testing accessible to anyone, with no appointment or outside referral required. As of December 2020, over 16,000 tests had been administered through these sites.

Patient Information

LRH invested in the education of our community and patients through digital and print communications and public outreach. We worked hard to provide information and resources related to COVID-19 and updates on our operations as we implemented changes. We wanted our patients and our community to know it was safe to receive care at LRH and wanted them to continue with routine or specialty care whenever possible.

Welcome!

Littleton Regional Healthcare welcomed several highly skilled medical professionals in 2020, including:



Michael Lazarczyk, Au. D. – Audiology

LRH welcomed Michael Lazarczyk, Au. D. in January of 2020. His clinical areas of interest include pediatric and adult hearing evaluations, technology and hearing aid advancements, newborn screenings, diagnostics, and treatment, among others.



Daniel Underbakke, MD – General Surgery

Dr. Daniel Underbakke joined the Surgical Associates at LRH in August. Dr. Underbakke is specially trained to provide a range of diagnostic and treatment services, most of which can be done through minimally invasive techniques.



Jonathan Lamphier, MD – Gastroenterology

LRH Gastroenterology welcomed Dr. Jonathan Lamphier in February of 2020. Dr. Lamphier performs upper endoscopies as well as colonoscopies, and treats a variety of digestive problems and diseases of the liver and pancreas.



Michael Rhodes, MD – Hospital Medicine

Dr. Michael Rhodes joined the team of Hospitalists at LRH in September. As a Hospitalist, Dr. Rhodes is responsible for the in-hospital care of our patients. He is board-certified in Internal Medicine.



Kylee Finn, MD – Family Medicine

Dr. Kylee Finn joined North Country Primary Care, LRH's designated Rural Healthcare Clinic, in August. Dr. Finn cares for both adults and children over the age of 12, providing wellness exams and management of acute and chronic conditions.

To learn more about the healthcare providers at Littleton Regional Healthcare, visit the Medical Directory available at: www.littletonhealthcare.org





Littleton Regional Healthcare Auxiliary

Dear Friends of the LRH Auxiliary,

As all of you are aware, 2020 has been quite a challenging year for everyone. Our fundraising efforts came to an abrupt halt in March, with very little money coming in since. However, our mission in our bylaws states that we are “to work in support of Littleton Regional Healthcare (LRH) by raising and distributing funds, and providing volunteer service for patient and community-related LRH projects, healthcare education and scholarships”. We feel very strongly about that commitment.

So many of our beloved traditions and fundraising events were cancelled this year because of the virus and the restrictions put in place, but we made those difficult decisions to keep our members and community safe. With a bit of creativity and ingenuity, and the dedication of our members, we were still able to hold some fundraising initiatives in alternative ways. Our main source of fundraising is through the Moose Ledge Gift Shop and Kiosk, which both closed in March due to COVID-19 and have remained closed since. However, because of the generosity of all of you in the past and with wise investments, we are still solvent and supporting LRH in many ways. In the 2020 calendar year, we were able to provide:

- Over **\$1,700 for the “Reach Out and Read”** literacy program, donating books for our local young readers.
- More than **\$1,000 to supply sweat suits** for the Emergency Department and other patients needing a change of clothing readily available to go home in.
- **\$10,000 towards the Care-A-Van** program.
- **Scholarships in the amount of \$17,000** for local high school students and LRH employees who are pursuing or furthering studies in a healthcare career. We have also **pledged another \$17,000 for the 2020/2021 school year** to more recipients.
- And **\$5,000 for the LRH employees** to be celebrated and thanked for all of their diligence and hard work during the current health crisis.

Your continued support of our Auxiliary is very important to us. When this health crisis is over and we open our gift shop and start holding our fundraisers again, I hope you will join us, shop with us, or make a gift to the LRH Auxiliary. Your support matters. We wouldn't be able to do it without all of you. Thank you for everything.

Gratefully,

Laurie Morgan
LRHA President



Due to COVID-19, the Moose Ledge Gift Shop closed in March of 2020. The LRH Auxiliary got creative to continue raising funds to support LRH. In December, the LRH Auxiliary hosted a Holiday Basket Raffle with the help of the Marketing & Community Relations Department at LRH. The event raised over \$3,600 which directly supports LRH's programs and services.



Fundraising Makes a Difference

Dear LRH Family & Friends,

Each year, individuals, corporations, local businesses, LRH's Board of Trustees, Medical Staff, LRH Auxiliary and volunteers, and LRH staff generously support Littleton Regional Healthcare through a variety of fundraising efforts. Support came in many forms in 2020 – from special treats to fuel the morale of our healthcare heroes to special events to recognize the hard-work and dedication of everyone on the frontline, we appreciate your contribution.

The support was needed this year more than ever as LRH responded to the COVID-19 pandemic that strained hospitals and other healthcare settings across the country. We were overwhelmed with the outpouring of community support and generous donations we received. Many of our typical fundraising efforts were cancelled due to the restrictions in place for COVID-19, but for our largest fundraising event, the Dr. Moose Golf Tournament, we were able to host a virtual alternative which net a remarkable \$30,000. Long-time supporters and new donors alike were eager to provide the much needed financial assistance in support of our fight against COVID-19.

Each gift, regardless of size, makes a difference to our patients, their families, physicians, and the staff at LRH. Whether you made an outright donation through a direct mail campaign, honored the memory of a loved one, provided in-kind service, sponsored or participated in a special event or purchased raffle tickets, thank you all for making our 2020 fundraising efforts, although different, still a success.

Funds raised this year supported areas such as:

- Born to Read and Reach Out & Read Literacy Programs
- Campus Renovations and Operational Changes
- Cardiac Laboratory Equipment
- Support and Celebrations for our Healthcare Heroes
- Scholarships for Nursing and Clinical Staff at LRH
- LRH Helping Hands Fund – Employee financial assistance

Again, thank you to every person and business who generously supports Littleton Regional Healthcare. We are grateful for your help during these trying times.

Respectfully,

Ashley Garrison
Fundraising Committee Chair

Gail P. Clark
Director of Marketing
& Community Relations

You can make a difference today by donating at
www.littletonhealthcare.org/donate.



The LRH Healthcare Heroes enjoyed a very generous donation by the Girl Scouts of the Green and White Mountains of 50 cases of Girl Scout cookies. The cookies were delivered to LRH by Peggy Piette, Board Member on the right and Kristine Arey, Operations Manager on the left.



Polly's Pancake Parlor donated delicious muffins for our Medical Surgical Unit, Obstetrics, Emergency Department, and Intensive Care Unit. Thank you Kathie, Emily, and everyone at Polly's for fueling our front line workers!

These were just a few of many generous donations received in 2020 by caring businesses and individuals. LRH is fortunate to serve the North Country region of New Hampshire.



THANK YOU for your continued support...

Littleton Regional Healthcare gratefully acknowledges the commitment of all those individuals and businesses who supported our fundraising efforts with a contribution, pledge, sponsorship or in-kind donation during fiscal year 2020. We also wish to recognize the quiet dedication of individuals who make contributions to LRH but wish to remain anonymous.

Summit Donors (\$10,000 and above)
Littleton Regional Healthcare Auxiliary
Dr. and Mrs. John P. Sauter

Champion Donors (\$5,000 - \$9,999)
Randall and Elizabeth Kunz
Mrs. Elise J. and Dr. Philip H. I. Lawson
New England Wire Technologies, Inc.
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President's Circle (\$1,000 - \$4,999)
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Anonymous
Anonymous
Dr. Scott and Alison Brody
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Mr. and Mrs. Stevan Trooboff
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Mr. Larry Uertz
Mrs. Jennifer Walsh
Ms. Deanna B. Wheeler
Mr. Danny White
Mr. Gregory Winn

In-Kind Donations
Adventure Ready Brands
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Anonymous
Aylakai and The Broom Closet
Ruth Baer
Bank of New Hampshire
The Beal House Inn

Beauty Counter
Bob-O-Link and Little Oxbow 4-H Club
Lisa Bowden
Bretton Woods Ski Area
Casella Waste Systems, Inc.
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The Foundry Workshop
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Yvonne Fournier
Fresh Salon & Day Spa
Ashley Garrison
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G.M. Fotografia & Framing
Gold House Pizza
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Mary VanAlstyne, APRN
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Anna Zanes

Honor Gifts
In appreciation of the high quality care received at LRH
In Honor of Dr. Jeffrey Reisert
Mr. Lee Geier
Mr. and Mrs. Glen H. Hinkley
In Honor of Dr. Anthony Salerni
Mr. and Mrs. John Kreitler

Memorial Gifts
In Memory of Washington Irving Lincoln Adams
Mr. and Mrs. William B. Adams

In Memory of Arleta Baird
Mr. and Mrs. Leslie Laflamme

In Memory of Dorothy M. Boisvert
Allan and Gail Clark

In Memory of Erin I Lanoue Giguere
Mr. and Mrs. Edward Lanoue, Sr.

In Memory of Esther Heath
Dianne and Greg Hartwell

In Memory of Melvin Johnson
Ms. Lise Johnson

In Memory of Ronald Laflam
Emily and Reginald LaFlam

In Memory of Ken Lozeau
John T. and Marie Hynes

In Memory of Harry McDade
Atty. Clarence V. LaBonte, Jr.

In Memory of Neil and Rose Meehan
Ms. Elizabeth R. Haney

In Memory of Timothy Meuse – US Soldier
Ms. Lori A. Comeau

In Memory of Charles Mullin
Richard and Patricia Reed

In Memory of Joseph Nixon
Gail and Allan Clark
Mr. and Mrs. George Morgan

In Memory of Edward R. Somers
Scott and Wendy Somers

In Memory of James R. Sherwood
Mr. and Mrs. William Langdoc

In Memory of Arlene Shields
Ms. Amanda Liberty

In Memory of Henry C. and Anne B. Stearns
Mr. Daniel Stearns

In Memory of Maynard and Fanny Sundman
Ms. Linda L. Stevens

In Memory Guilbert Vickery
Mr. and Mrs. Tyler Murray

In Memory of Kimberly Ward
Ms. Patricia M. Ward-Roberts

Please note that the donations listed above were received from October 1, 2019 through September 30, 2020, which reflects our fiscal year. If we have inadvertently omitted or misspelled your name, please accept our sincere apology and notify us at 603.444.9304.



LRH Programs and Services

LRH offers a wide range of inpatient and outpatient medical, surgical and diagnostic services, including:



24-Hour Board Certified Staffed Emergency Department

Emergency Medical Services (EMS) Education

Allergy Medicine

Anesthesia services

Audiology

Hearing Evaluations
Hearing Aid Fittings & Repairs
Vestibular (balance) Function Testing

Case Management

Advance Directives
Discharge Planning & Continuing Care

Cardiology

Coronary Care

Cardiac Rehabilitation & Wellness
Cardiac Lab
Cardiac Stress Testing
Echocardiography
ECG Monitoring

Dermatology

Diabetes Education

Diagnostic Imaging

Wide Bore MRI
64-Slice CT Scan
Bone Density Scanner
Breast MRI
4-D Mammogram
3-D Ultrasound Imaging
Multi-Slice Spiral CT Scanner
Mammography
iCAD Second Look Mammogram
PET Scan

Emergency Medicine

Endoscopy Procedures

Eye Care

Optometry & Ophthalmology

Facial Plastics

Botox and Facial Fillers
Blepharoplasty (Eyelid Lift)
Rhinoplasty (Nose Surgery)
Laser Procedures
Surgical Dermatology

Family Medicine

Family Support Services

Alternative Therapies Program
Collaboration with Local Clergy
Collaboration with Mental Health Providers
Referral to Local Support Groups

Food & Nutrition

Cafeteria Services
Community Appreciation Dinners
Community Nutrition Outreach Programs
Nutrition Education & Counseling
Patient Room Service

Gastroenterology

Colonoscopy
Upper Endoscopy
Treatment & Management of diseases of the liver, colon, & pancreas

Health Info Management (Medical Records)

Hospice Care

Hospital Medicine

Infection Control

Intensive Care

Internal Medicine

Laboratory Services

Lithotripsy

Neuro Surgery

Spine Surgery

Neurology

Obstetrics & Gynecology

Cervical Cancer Screenings
Breast Cancer Screenings
Menopausal Care
Prenatal & Postnatal Care
Contraceptive Counseling

Occupational Health Services

DOT – OSHA Exams
Drug and Alcohol Testing
Employee Wellness Clinics
Injury Treatment Services
Pre-Employment Examinations

Oncology, Hematology & Infusion Center

Orthopaedics

Adult & Pediatric Sports Medicine
Spine Surgery
General Orthopaedics
Hand & Upper Extremities
Total Joint Replacement - hip, knee, shoulder & elbow
Trauma Surgery

Otolaryngology (Ear, Nose & Throat)

Pain Management

Palliative Care

Pathology

Patient Financial Services

Pediatrics

Pharmacy

North Country Pharmacy

Primary Care

Psychiatry & Behavioral Health

Pulmonology (Tele-Medicine)

Quality Services

Radiology

Rehabilitation Services

Ergonomics
Industrial Therapy
Incontinence Program
Occupational Therapy
Physical Therapy
Speech Therapy

Respiratory Therapy

The Sauter Birthing Suite

Car Seat Safety Program
Childbirth Education
Lactation Consultation
Newborn Hearing Testing
Parent's Support Group

Sharps Disposal Program

Sleep Medicine

Substance Misuse

The Doorway at LRH

Surgical Services

Breast Surgery
ENT (Ear, Nose and Throat)
General Surgery
Gynecological Surgery
Ophthalmology
Orthopaedic Surgery
Spine Surgery
Trauma & Critical Care Surgery
Urology Surgery

Tele-Medicine

Urgent Care

Urology Services

Adult & Pediatric

Volunteer Services

Complementary Therapies Program
Aroma, Art, Massage, Music, & Pet Therapy
Reiki and Reflexology
Roaming/Visiting Volunteer Program

Wound & Ostomy Care

LRH Healthcare Providers



Allergy

N.C. Otolaryngology

Patrick Fitzpatrick, DO
Danny Ballentine, PA-C

Anesthesia Services

Sharon Bolton, CRNA
Beth Guckin, CRNA, MSNA
Michele Hannon, CRNA, CHA, CPC3
Sandra Keddy, CRNA
Hilary Seymour, CRNA
Christopher Toves, CRNA
Barry Townsend, CRNA, MSNA

Audiology

Michael Lazarczyk, Au. D.

Cardiology/Electrophysiology

Anil K. Mukerjee, MD, FACC, FACP, FASE, FASNC, FSCCT

Dartmouth-Hitchcock - Littleton Clinic

Mary K. Dowd, MD
Rajbir Sangha, MD
Daniel Storms, MD
Susan D'Anna, APRN

Dermatology

N.C. DHMC Dermatology

Charles Hammer, MD
Nava Greenfield, MD

Emergency Medicine

André Beaubouf, MD
Edward L. Duffy, MD, MBA, FACEP
David Hirsch, MD, FACEP, MPH, FAEMS
Jonathan Klingler, DO
Philip H.I. Lawson, MD
Richard Levitan, MD
Andrew Borghese, PA-C
Nicole Houston, APRN
Amy Lucas, PA-C

Facial Plastics

Patrick M. Fitzpatrick, DO

Gastroenterology

LRH Gastroenterology

Jonathan Lamphier, MD
Peggy Piette, APRN

N.C. Gastroenterology

Howard Mitz, DO, FACOI

General Surgery

Surgical Associates at LRH

Alice F. Rocke, MD
Daniel Underbakke, MD

Hospitalist

Stephen Goldberg, MD
Michael Rhodes, MD
Mary Van Alstyne, APRN
Anthony Signorine, APRN

603.444.2450

Neuro Surgery

Alpine Spine Center

Anthony Salerni, MD

Neurology

Neurology Associates

Gopalan Umashankar, MD

Obstetrics/Gynecology

N.C. Women's Health

Scott Brody, MD, FACOG
Nicholas Marks, MD, FACOG
John Sauter, MD, FACOG
Emily Kelly, APRN

Occupational Health

603.444.9294

Oncology, Hematology & Infusion Services

in partnership with Dartmouth-Hitchcock Norris Cotton Cancer Center

Sergey Devitskiy, MD, Ph. D.
Nancy Thomas, APRN

Ophthalmology & Optometry

Shippee Family Eye Care, P.C.

Jay Darjee, OD
Kyle Klug, OD
Stephen Phipps, MD
Samuel Shippee, OD

Orthopaedics

The Alpine Clinic

Andrew Chen, MD, MS, FAOS
Virginia Mike, PA-C
James L. Glazer, MD, FACSM
Jeffrey Kauffman, MD, MS, FAOS
Haley Ireland, APRN
Jean Langevin, MD, FRCSC
Julie Ferland, APRN
Dougald MacArthur, DO
Holly D. MacArthur, APRN
Eric Mullins, MD, MS, FAOS
Shawn Richardson, APRN
Daniel O'Neill, MD, Ed. D., FAOS

Otolaryngology

N.C. Otolaryngology

Patrick M. Fitzpatrick, DO
Danny Ballentine, PA-C
Deane Rankin, MD

Pain Management

Alpine Pain Management Center

Gregory Aprilliano, MSNA, CRNA, APRN, NSPM-C
Francis Valenti, MS, CRNA, APRN, NSPM-C

Palliative Care

N.C. Palliative Care

Philip H.I. Lawson, MD

603.575.6300

603.444.9609

603.444.9371

603.444.9294

603.444.9376

603.444.2484

603.823.8600

603.823.8600

603.823.8600

603.823.8600

603.823.8600

603.259.7700

603.259.7700

603.536.2270

603.444.2450

603.444.2450

603.444.0272

603.444.0997

603.444.0955

Primary Care

N.C. Primary Care - RHC

603.444.7070

Behavioral Healthcare

Stacy Charron, MD
Erinn Fellner, MD

Family Practice

Kylee Finn, MD
Richard McKenzie, DO
Kathleen Pearson, DO

Pediatrics

Jessica Jacobs, MD
Richard McKenzie, DO
Sunit Patel, MD
Kate Noel, APRN

Pulmonology (Tele-Medicine) in partnership with Elliot Hospital

Radiology

Eric Emig, MD

Sleep Medicine

N.C. Sleep Center

Irving Smith, DO

Substance Misuse

The Doorway at LRH

Andrea Berry, DO
Debra Towle, MS, LADC

Urgent Care

Cori Elliott, APRN
Gerald Hussar, PA-C
Rebecca Hutchinson, PA-C

Urology

Littleton Urological Associates

Jennifer Lucas, MD

Affiliated Primary Care Providers

Ammonoosuc Community Health Services

Franconia 603.823.7078
Littleton 603.444.2464
Warren 603.764.5704
Whitefield 603.837.2333
Woodsville 603.747.3740

Linwood Medical Center

603.745.8136

Littleton Internal Medicine

603.444.2002

Mid-State Health Center

Bristol 603.744.6200
Plymouth 603.536.4000

White Mtn. Family Health Center 603.444.2010

LITTLETON REGIONAL HEALTHCARE

Where good health begins.

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