



Amy and Bob Mancini
with James and Ava

“We found a safe and caring place to have our baby.”

— *Amy Mancini*

For Amy and Bob Mancini, Littleton Regional Healthcare holds a special place in their hearts for two very special reasons. Both of their children, James and Ava, were born at the hospital.

“For both deliveries, the entire staff provided exceptional care,” says Amy, who’s worked in marketing and community relations at Littleton Regional Healthcare for the past eight years. “They provided the perfect combination of empathy, skill and compassion. It felt like they were my extended family. During James’ delivery, when his heart rate started to drop, everyone was calm, professional and very positive and encouraging.”

Dr. John Sauter, a board-certified obstetrician/gynecologist who has been with Littleton Regional Healthcare since 1979, delivered both babies. “The Sauter Birthing Suite at Littleton Regional Healthcare is named after him,” Amy says. “I think that speaks very highly of Dr. Sauter’s skill and professionalism.”

Despite the COVID-19 pandemic, Amy had no concerns about delivering Ava, who was born April 28. “Safety is the hospital’s primary concern,” she says. “They take the temperature of every visitor and ask if they’ve had any symptoms. And they limit visitors to just one birthing partner. For me, it was really a blessing in disguise. My experience was very intimate and quiet. For three days, it was like I was in my own personal oasis away from the world. I felt very safe from start to finish.”

LITTLETON 
REGIONAL HEALTHCARE

600 St. Johnsbury Road • Littleton, NH 03561
603-444-9000 • LittletonHealthcare.org

Where good health begins.

