



Heather Rand with Dr. Patrick Fitzpatrick,
Board Certified Facial Plastic Surgeon and
Otolaryngologist (ENT)

“Thanks to Dr. Fitzpatrick, I got my life back!”

— *Heather Rand*

After years of suffering, Heather Rand (left) was at the end of her rope. “I started having low-grade headaches when I was a young teenager,” Heather says. “Then, 14 years ago, I suffered a traumatic brain injury that resulted in chronic migraine headaches.”

Three years ago, Heather finally decided to see Dr. Patrick Fitzpatrick (right), a Board Certified Facial Plastic Surgeon and Otolaryngologist (ENT) with Littleton Regional Healthcare. “I had heard about Dr. Fitzpatrick through the grapevine from my friends and family,” Heather says. “When I saw him for my initial consultation, I was skeptical and anxious, but Dr. Fitzpatrick immediately put me at ease. He’s very knowledgeable and an excellent listener.”

Dr. Fitzpatrick gave Heather a series of Botox® injections. The relief was amazing. “Before my treatment, I was having five or six headaches every week that were so debilitating, I couldn’t even sit up in bed,” Heather says. “Now I have about three low-grade headaches each month, and I’m still able to do my job as a cook!”

Even with the COVID-19 pandemic, Heather feels very safe during her visits for her Botox® injections, which occur every three months. “The entire staff wears masks,” she explains. “They limit the number of visitors in the office and take everyone’s temperature. I really wish I hadn’t waited so long to see Dr. Fitzpatrick. He changed my life completely!”

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