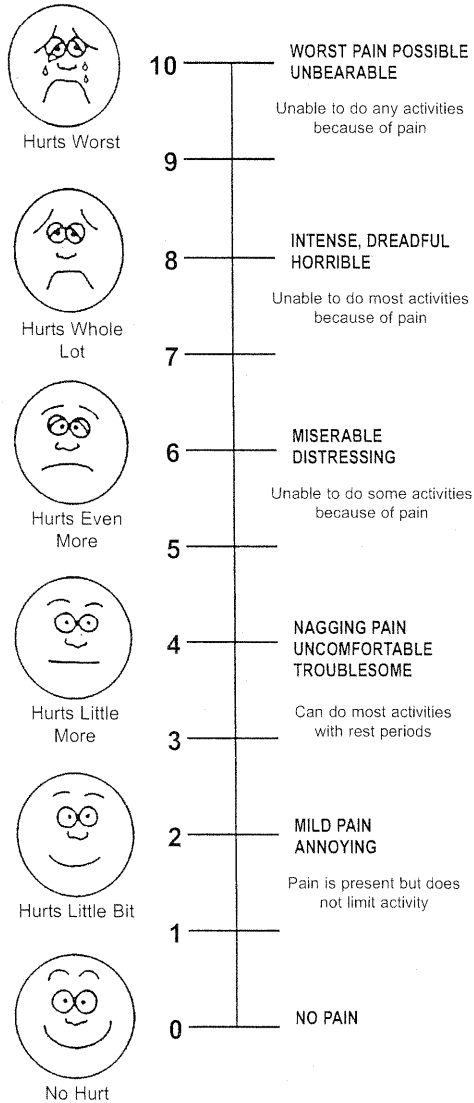


PAIN ASSESSMENT SCALE



PAIN ASSESSMENT KEY ELEMENTS

SELF-REPORTED INDICATORS

History

Pain Experience Management

Location (*use drawing*)

Intensity (*pain rating*)

Present _____

Worst _____

Best _____

Acceptable _____

Quality

Pattern (*onset/duration*)

Aggravating or Relieving Factors

Functional Effect (*other symptoms, sleep, activity, relationships, emotions, concentration*)

PHYSIOLOGICAL INDICATORS

Vital Signs

Level of Consciousness

Functional Status

BEHAVIORAL INDICATORS

Muscle Tensing

Rigid Posture

Pallor/Flushing

Agitation/Restlessness

Crying/Moaning

This pain scale was developed by the Missoula Demonstration Project Pain as the Fifth Vital Sign Task Force, a project supported by the Mayday Fund, 1999.

320 E. Main
Missoula, MT 59802
(406) 728-1613

Wong-Baker FACES Pain Rating Scale from Wong DL, Hockenberry-Eaton M, Wilson D, Winkelstein ML, Ahmann E, DeVito-Thomas PA; Whaley and Wong's Nursing Care of Infants and Children, ed.6, St. Louis, 1999, Mosby, p.1153. Copyrighted by Mosby-Year Book, Inc. Reprinted by Permission