

Menu for the Week of 5-22 to 5-26 2023

For **healthier** choices, see the **ORANGE** selections below.

DAY	BREAKFAST	LUNCH	ITEM
Monday	Garden Veggie Omelet with Chicken Sausage and Cheddar Cheese. 5.50	Soup of the Day <ul style="list-style-type: none"> Beef and Barley Soup Tomato Basil Entrée <ul style="list-style-type: none"> *Chicken or Eggplant Parmesan on Linguine with Marinara Sauce and sautéed Italian Veg And Garlic bread Grilled cheese or Ham and Cheese 	Chicken: 5.95 Eggplant: 5.25 Vegetable: 1.80 Bread: .80 Grilled Cheese: 3.25 With ham: 6.25
Tuesday	Yogurt bar with Fruit, Nuts, Seeds and Granola \$6.50 per lb.	Soup of the Day <ul style="list-style-type: none"> Chicken Vegetable and Rice Tomato Basil Entrée <ul style="list-style-type: none"> *Grilled Garlic and Herb Marinade shrimp with a White wine lemon Herb Sauce Served with Citrus Rice and Broccoli. *Roast Pork With mango Chutney, Seasonal Vegetable and Moroccan couscous 	Shrimp: 8.50 Rice: 1.60 Broccoli: 1.80 Pork: 4.95 Vegetables: 1.80 Couscous: 1.60
Wednesday	Sausage and Gravy over a Buttermilk Biscuit 5.25	Soup of the Day <ul style="list-style-type: none"> New England Clam Chowder topped with Scallions Chicken Vegetable and Rice Entrée <ul style="list-style-type: none"> *Grilled Chicken Caesar Salad, Topped with diced Tomatoes, Croutons, Parmesan Cheese Beef Bourgeon over butter noodle with mixed vegetable. 	Salad: 6.50 Beef: 6.25 Vegetable: 1.80 Noddle: 1.95
Thursday	Pancake Bar Served with Your Choice of Assorted Toppings 6.25	Soup of the Day <ul style="list-style-type: none"> New England clam chowder topped With Scallions. Vegetarian Minestrone Entrée <ul style="list-style-type: none"> Carved NY Strip Loin with a Onion Demi, Roasted Red Potatoes, and Seasonal Vegetable Seared Chicken breast topped with a Thai red Curry Coconut Sauce served with Snow peas and Carrots and Basmati Rice 	NY: 8.00 Potatoes: 1.60 Vegetable: 1.80 Chicken: 4.95 Peas & Carrots: 1.80 Rice: 1.60
Friday	Logger Breakfast- Two Eggs your choice, Corned Beef Hash and Home Fries. 7.50	Soup of the Day <ul style="list-style-type: none"> Chef's Choice Entrée Memorial Day lunch Build your own BBQ Plate With sides that include Potato and Pasta Salad Fresh Fried Chips Watermelon	Happy Memorial Day! BBQ plate 9.50

Disclosure:

***Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness**

- Cafeteria Hours are: Monday through Friday 6:30 am to 7 pm, closed for break from 3:30 pm to 4:00 pm
- Saturday and Sunday 6:30 am to 2 pm
- Breakfast will be served Monday - Friday from 6:30 AM - 10:00 AM. The kitchen is closed between 10:00 AM and 11:00 AM, but the Cafeteria will remain open with a limited selection of food options.
- Lunch will be served from 11:00 AM to 2 PM.
- Dinner will be served from 4:30 pm to 7pm