

MON June 5

BREAKFAST	
Meat or Vegetable Frittata	\$5.95
LUNCH	
SOUP OF THE DAY	
Alpine Potato Bacon Soup with Scallions	
Beef and Vegetable	
Entrée	
*Chicken Vegetable stew served Over a warm Biscuit	Chicken Stew: \$6.25
Tuna Melt on a Whole Wheat English Muffin with Tomato and Provolone Cheese Served with Waffle Fries	Tuna Melt: \$7.00 Waffle Fries: \$3.25

TUE June 6

BREAKFAST	
European Overnight Oats with raspberry, apples, flax and sunflower seeds, and yogurt	\$4.00
LUNCH	
SOUP OF THE DAY	
Carrot Ginger Soup with Toasted Pumpkin Seeds	
Alpine Potato Bacon Soup with Scallions	
Entrée	
*Meat or Vegetable filled Manicotti served with a chunky Tomato Sauce, Garlic Bread, and Julienned Vegetables	Manicotti: \$6.75 Garlic Bread: \$.80 Vegetable: \$1.80
Brett's Curry Chicken Salad with Raisins, Grapes, Nuts, and Apple Served on a Croissant with Lettuce and Tomato and a side of Fried Green Beans	Sandwich: \$6.50 Green Beans: \$3.25

WED JUNE 7

BREAKFAST	
Grilled ham steak served with two eggs cooked your way and served with home fries	\$5.95
LUNCH	
SOUP OF THE DAY	
Mushroom Barley Soup	
Carrot Ginger Soup with Toasted Pumpkin Seeds	
Entrée	
*Baked Citrus marinated Salmon Filet, Served with Confetti Rice Pilaf and Sautéed Spinach.	Salmon: \$7.50 Rice: \$1.60 Spinach: \$1.80
*Seared Pork Tenderloin served with Sautéed apples and Roasted Red Potatoes with a dark PORT wine demi-glace, and seasonal fresh Vegetables	Pork: \$5.25 Vegetables: \$1.80 Potatoes: \$1.60

THU JUNE 8

BREAKFAST	
Yogurt Bar with Choice of Seeds, Nuts, Granola, and Assorted Fruit	\$6.50/lb
LUNCH	
SOUP OF THE DAY	
Fish Chowder	
Mushroom Barley Soup	
Entrée	
*Roasted NY Strip Loin served with a Baked Potato, Dark Demi Sauce, and Green Beans Almandine	NY Strip Loin: \$8.00 Baked Potatoes: \$1.60 Green Beans: \$1.80
Individual Flat bread Pizzas with a Pesto Sauce, Roasted Vegetables fresh Mozzarella, and a Balsamic Glaze Drizzle	Pizza: \$4.95

FRI JUNE 9

BREAKFAST	
Steak and Eggs on a toasted plain bagel with pepper jack Cheese	\$6.95
LUNCH	
SOUP OF THE DAY	
Chef's Choice	
Fish Chowder	
Entrée	
Fish and Chips with Tartar sauce and French fries.	Fish: \$7.50 Fries: \$2.95
Chicken Stuffed with Boursin Cheese and Spinach, Served with an Herb Gravy, Broccoli, and Mashed Potatoes	Chicken: \$5.95 Mashed: \$1.60 Broccoli: \$1.80

DISCLAIMER:

- Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

The kitchen is closed between 10:00 AM and 11:00 AM, but the cafeteria will remain open with a limited selection of food options.