

MON August 7

BREAKFAST	
*Meat or vegetable frittata	\$5.95
LUNCH	
SOUP OF THE DAY	
Vegetarian– White Button mushroom soup with Rosemary	
Seafood chowder with Scallions	
Entrée	
*Chicken Breast Stuffed with Spinach and Boursin Cheese, Roasted Red Potatoes, Italian Vegetables	Chicken:5.95 Vegetable: 1.80 Potatoes: 1.60
*Beef Patty Melts with caramelized onions, Bacon, Cheddar Cheese on a brioche roll and served with Potato Salad.	Patty: 7.00 Salad:1.95

WED August 9

BREAKFAST	
Sausage Biscuits and Gravy	\$5.25
LUNCH	
SOUP OF THE DAY	
Vegetarian– Chilled Watermelon soup	
French onion Soup with Cheese float	
Entrée	
*Seafood cake with a Lemon Wine Sauce, served over rice pilaf, and Vegetable julienne	Seafood Cake: 6.50 Vegetable: 1.80 Rice: 1.60
*Classic lasagna served with Garlic Bread	Lasagna: 5.95 Garlic Bread: .80

FRI August 11

BREAKFAST	
*Meat Lovers Breakfast wrap with sautéed Onions, Bell Peppers, Scrambled eggs and Cheddar Cheese	\$5.95
LUNCH	
SOUP OF THE DAY	
Chef's Choice	
Vegetarian– Potato Leek chowder	
Entrée	
*Chicken Monterey on Tuxedo rice with Broccoli-Cauliflower mix and a Fresh light Basil cream sauce	Chicken:4.95 Rice: 1.60 Broccoli: 1.80
*Fried Haddock Sandwich on a Brioche Roll with Lettuce, tomatoes, Tater Sauce and Onion Rings	Haddock: 7.50 Onion Rings: 3.25

TUE August 8

BREAKFAST	
Yogurt Bar with choice of Fruit, seeds, nuts, granola toppings	\$6.25/lb
LUNCH	
SOUP OF THE DAY	
Vegetarian– Chilled Water melon soup	
Seafood chowder with Scallions	
Entrée	
*Montreal seasoned Flank steak with Baked potato and green beans	Steak:7.50 Potato: 1.60 Beans: 1.80
*Seasoned Grilled Chicken breast Sandwich on a Kaiser Roll with tomato, Fresh Herb Mayo and Cheddar Cheese served with Curly Fries	Sandwich: 6.25 Fries: 2.95

THU August 10

BREAKFAST	
Mixed Berry Overnight Oats	\$4.00
LUNCH	
SOUP OF THE DAY	
Vegetarian– Potato Leek chowder	
French onion Soup with Cheese float	
Entrée	
*Bacon Wrapped Pork Tenderloin served with mashed potatoes with red wine sauce and Broccoli Almondine	Pork: 5.25 Broccoli: 1.80 Potatoes: 1.60
*Caprese Salad with Italian soft Mozzarella (Burrata) Grilled Chicken, served on a bed of mixed greens, with Balsamic Drizzle	Salad: 7.50

DISCLAIMER:

- Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

The kitchen is closed between 10:00 AM and 11:00 AM, but the cafeteria will remain open with a limited selection of food options.

