

MON JANUARY 15

BREAKFAST

***OMELET WITH SHAVED STEAK, PEPPERS, ONIONS, AND PEPPER JACK CHEESE** 5.50

LUNCH

SOUP OF THE DAY

SOUTHWESTERN CHICKEN CORN CHOWDER

VEGETARIAN – MINESTRONE

ENTRÉE

*CHICKEN BREAST STUFFED WITH SPINACH AND BOURSIN CHEESE, ROASTED RED POTATOES, ROASTED CARROTS CHICKEN: 5.95
POTATOES: 1.60
CARROTS: 1.80

TUNA MELT ON AN ENGLISH MUFFIN WITH TOMATO, PROVOLONE CHEESE SERVED WITH ONION RING
MELTS: 7.00
ONION RING: 3.25

WED JANUARY 17

BREAKFAST

*BACON, BROCCOLI AND CHEDDAR CHEESE QUICHE 5.25

LUNCH

SOUP OF THE DAY

CHEDDAR ALE SOUP GARNISHED WITH RYE CROUTONS

VEGETARIAN – VEGETABLE BARLEY

ENTRÉE

*CHICKEN OR EGGPLANT PARMESAN SERVED ON PASTA, AND SERVED WITH JULIENNE VEGETABLES AND GARLIC BREAD CHICKEN: 5.95
EGGPLANT: 5.25
VEGETABLE: 1.80
BREAD: .80

RACHEL SANDWICH, WITH SLICED TURKEY, CREAMY COLESLAW, RUSSIAN DRESSING, SWISS CHEESE ON RYE BREAD, POTATO WEDGES SANDWICH: 6.60
WEDGES: 3.25

FRI JANUARY 19

BREAKFAST

*BIRD'S NEST BENEDICT POACHED EGGS, CANADIAN BACON, ON TOP OF CRISPY POTATOES, HOLLANDAISE SAUCE AND SERVED WITH TOAST 6.50

LUNCH

SOUP OF THE DAY

CHEF'S CHOICE

ENTRÉE

*BOSTON STYLE BAKED HADDOCK, SERVED WITH BROCCOLI. AND BOILED POTATOES HADDOCK: 7.50
BROCCOLI: 1.80
POTATOES: 1.60

*BACON WRAP CHICKEN SERVED WITH A CURRY SAUCE, GREEN PEAS AND RICE CHICKEN: 5.25
PEAS: 1.80
RICE: 1.60

TUE JANUARY 16

BREAKFAST

YOGURT BAR WITH YOUR CHOICE OF TOPPINGS 6.50/LB

LUNCH

SOUP OF THE DAY

SOUTHWESTERN CHICKEN CORN CHOWDER

VEGETARIAN– VEGETABLE BARLEY

ENTRÉE

*ROSEMARY AND BALSAMIC GLAZED ROASTED PORK TENDER LOIN, GARLIC MASHED POTATOES AND ITALIAN VEGETABLES PORK: 5.95
POTATOES: 1.60
VEGETABLES: 1.80

*SAUTÉED SHRIMP WITH A LIGHT LEMON HERB CREAM SAUCE, ROASTED ZUCCHINI AND SUMMER SQUASH AND RICE PILAF SHRIMP: 8.50
VEGETABLE: 1.80
RICE: 1.60

THU JANUARY 18

BREAKFAST

MIXED BERRY OVERNIGHT OATS WITH SEEDS AND YOGURT 3.50

LUNCH

SOUP OF THE DAY

CHEDDAR ALE SOUP GARNISHED WITH RYE CROUTONS

VEGETARIAN – CHUNKY POTATO AND BROCCOLI TOPPED WITH SHREDDED CHEDDAR CHEESE AND SCALLIONS

ENTRÉE

*ROASTED NY STRIP LOIN SERVED WITH A BAKED POTATO, DARK DEMI SAUCE, AND SAUTÉED GREEN BEANS STRIP: 8.00
GREEN BEANS: 1.80
POTATO: 1.60

CALIFORNIA STYLE TURKEY, BACON, AVOCADO QUESADILLA OR ROASTED VEGETABLE AND BLACK BEAN QUESADILLA SERVED WITH SOUR CREAM AND SALSA. TURKEY QUES: 6.95
VEG QUES: 6.05

DISCLAIMER:

- CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

THE KITCHEN IS CLOSED BETWEEN 10:00 AM AND 11:00 AM, BUT THE CAFETERIA WILL REMAIN OPEN WITH A LIMITED SELECTION OF FOOD OPTIONS.

