

Baby's Morning Out

Birth & Parenting Program at
Littleton Regional Healthcare

Every 1st and 3rd Friday 10am - 11:30am

Located in the conference room on the second floor
of the Medical Office Building across from the elevators

Come Share Your Adventures in Parenting!

This is a great opportunity to get together and talk about your experiences as
a new parent.

Babies are welcome, of course! We encourage fathers and partners to join the
support community! This program is hosted by the trained staff of LRH's
Sauter Birthing Suite and is free to attend.

For more information, please contact LRH's Sauter Birthing Suite at (603) 444 - 9335



LITTLETON 
REGIONAL HEALTHCARE

**What questions or
concerns do you
have as a new
parent?**

**Members of LRH's
Obstetrics nursing
staff and lactation
experts will be
available during
this time!**