

Last Menu Update: April 22, 2024

LRH CAFETERIA MENU

Choose the ORANGE selections for a healthier option.

MON APRIL 22

BREAKFAST

*TREE HUGGER BENEDICT - ROASTED VEGETABLE HASH, TOPPED WITH TWO POACHED EGGS AND HOLLANDAISE

6.95

RAVIOLI 6.95

BREAD .80

RICE: 1.60

LUNCH

SOUP OF THE DAY

SOUTHWESTERN CHICKEN CORN CHOWDER WITH FRESH CILANTRO AND SCALLIONS

HEARTY VEGETABLE SOUP

ENTRÉE

ROASTED VEGETABLE RAVIOLI TOSSED IN PESTO CREAM SAUCE, WITH ITALIAN VEGETABLES, AND GARLIC BREAD

*BOURSIN CHEESE AND SUNDRIED TOMATO
STUFFED CHICKEN BREAST SERVED WITH
ASPARAGUS: 1.80
ASPARAGUS: 1.80

ASPARAGUS, VEGETABLE RICE, AND HERB CHICKEN GRAVY

TUE APRIL 23

BREAKFAST

YOGURT BAR WITH YOUR CHOICE OF YOGURT AND TOPPINGS

6.50/LB

LUNCH

SOUP OF THE DAY

SOUTHWESTERN CHICKEN CORN CHOWDER WITH FRESH CILANTRO AND SCALLIONS

ITALIAN SAUSAGE AND ZUCCHINI SOUP

ENTRÉE

*SHEPHERD'S PIE SERVED WITH CALIFORNIA VEGETABLE

*ROASTED PORK LOIN SERVED WITH MASHED POTATOES AND GREEN BEANS

SHEPHERD'S PIE 6.50 VEGETABLE: 1.80

> PORK: 6.50 MASHED: 1.60 GREEN BEANS

WED APRIL 24

BREAKFAST

*WESTERN BREAKFAST WRAP - HAM, BELL PEPPER, TOMATO, ONION AND PEPPER JACK 5.95 CHEESE

LUNCH

SOUP OF THE DAY

CHEESE BURGER SOUP TOPPED WITH CRUMBLED BACON

ITALIAN SAUSAGE AND ZUCCHINI SOUP

ENTRÉE

ASSORTED PIZZA BY THE SLICE, MEAT, CHEESE, VEGETABLE

*CHICKEN & STRAWBERRY SALAD, GRILLED CHICKEN, FRESH STRAWBERRIES, MIXED GREENS, SPINACH, CARROTS, TOASTED PECANS, FETA, LEMON POPPY SEED VINAIGRETTE PIZZA SLICE: 3.50

SALAD: 7.50

THU

APRIL 25

BREAKFAST

PANCAKE BAR WITH ASSORTED HOT FRUIT SAUCES AND WHIPPED CREAM

6.25

LUNCH

SOUP OF THE DAY

CHEESE BURGER SOUP TOPPED WITH CRUMBLED BACON

SPICY BLACK BEAN

ENTRÉE

AUSTRIAN MEAT FILLED CREPES WITH A ROASTED GARLIC CREAM SAUCE AND JULIENNED VEGETABLES

*GRILLED SALMON STEAK ON WHOLE GRAIN RICE WITH A WHITE WINE LEMON SAUCE AND BROCCOLI

CREPES: 6.25 VEGETABLES: 1.80

SALMON: 7.50 RICE: 1.60 ASPARAGUS: 1.80

FRI

APRIL 26

BREAKFAST

*ULTIMATE BISCUIT BREAKFAST SANDWICH,
FRIED EGG, SMASHED AVOCADO, THICK CUT
6.95
BACON, TOMATO SLICE AND CHEDDAR CHEESE

LUNCH

SOUP OF THE DAY

CHEF'S CHOICE

SPICY BLACK BEAN

ENTRÉE

"CUBAN PANINI" HAM AND ROASTED PORK ON SOUR DOUGH BREAD TOPPED WITH MUSTARD AND DILL PICKLE AND SWISS CHEESE, ONION RINGS

*FRIED SEAFOOD BASKET WITH HADDOCK, SHRIMP, AND CLAM STRIPS WITH OLD BAY FRENCH FRIES PANINI: 6.60 ONION RING: 3.25

> BASKET: 9.25 FRIES: 2.95

DISCLAIMER:

 CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

THE KITCHEN IS CLOSED BETWEEN 10:00 AM AND 11:00 AM, BUT THE CAFETERIA WILL REMAIN OPEN WITH A LIMITED SELECTION OF FOOD OPTIONS.