

Last Menu Update: May 7, 2024

LRH CAFETERIA MENU

Choose the ORANGE selections for a healthier option.

MON MAY 6

BREAKFAST

STEAK AND EGGS ON A CROISSANT WITH PEPPER JACK CHEESE

LUNCH

SOUP OF THE DAY

BROCCOLI & CHEDDAR CHEESE GARNISHED WITH **BACON BITS**

CHICKEN TORTILLA SOUP WITH CRISPY TORTILLA STRIPS

ENTRÉE

CHICKEN CORDON BLEU SERVED WITH GRAVY, FRESH MIXED VEGETABLES, MASHED POTATOES

*SHRIMP SALAD ON A SUB ROLL WITH LETTUCE AND SLICED TOMATOES, WITH OLD BAY FRENCH

CHICKEN: 5.95 MASHED: 1.60 **GREEN BEANS: 1.80**

> SUB ROLL: 8.00 FRIES: 2.75

SANDWICH: 6.60

CHICKEN: 5.95

FRIES: 2.95

RICE: 1.60

TUE MAY 7

BREAKFAST

CINNAMON RAISIN FRENCH TOAST SERVED WITH MAPLE SYRUP

LUNCH

6.95

SOUP OF THE DAY

CHICKEN TORTILLA SOUP WITH CRISPY **TORTILLA STRIPS**

BEEF AND BARLEY SOUP

ENTRÉE

TURKEY DINNER WITH GRAVY, MASHED POTATOES, GREEN BEANS, AND STUFFING

GREEN BEANS: 1.80

TURKEY: 5.95

MASHED: 1.60

6.50/LB

TIPS: 8.00

6.25

HOMEMADE SWEDISH MEATBALLS WITH MEATBALLS: 5.95 **BUTTERED NOODLES AND CARROTS** NOODLES: 1.95 CARROTS: 1.80

WED MAY 8

BREAKFAST

FRIES ON THE SIDE

SAUSAGE AND GRAVY OVER A BUTTERMILK 5.25 **BISCUIT**

LUNCH

SOUP OF THE DAY

CHICKEN VEGETABLE AND RICE

BEEF AND BARLEY SOUP

ENTRÉE

ROASTED VEGETABLE PANINI SANDWICH, SEASONED CHEESE, GRILLED ZUCCHINI, SUMMER SQUASH, PORTABELLA MUSHROOM, ROASTED BELL PEPPERS, AND SOUTHWESTERN RANCH AIOLI WITH SWEET POTATO FRIES.

*LEMON PEPPER CHICKEN WITH A PAN SAUCE, VEGETABLE: 1.80

JULIENNE VEGETABLE, AND RICE PILAF

MAY 9

BREAKFAST

YOGURT BAR WITH YOUR CHOICE OF YOGURT, FRUITS AND OTHER TOPPINGS

LUNCH

SOUP OF THE DAY

TOMATO BASIL SOUP

CHICKEN VEGETABLE AND RICE

ENTRÉE

GRILLED TERIYAKI MARINATED BEEF TIPS SERVED WITH STIR FRY VEGETABLES AND BASMATI RICE.

GRILLED CHEESE OR GRILLED HAM AND **CHEESE**

VEGETABLES: 1.80 **RICE: 1.60**

GRILLED CHEESE: 3.25 WITH HAM: 4.25

MAY 10

BREAKFAST

*BREAKFAST BOWL WITH SAUSAGE, PEPPERS, SHREDDED POTATOES, SCRAMBLED EGG, AND 6.25 CHEDDAR CHEESE

LUNCH

SOUP OF THE DAY

CHEF'S CHOICE

ENTRÉE

BOSTON BAKED HADDOCK WITH SAUTÉED HADDOCK: 7.50 SPINACH AND ROASTED RED POTATOES SPINACH: 1.80 POTATOES: 1.60

CHICKEN MAPLE BACON FLATBREAD: GRILLED

CHICKEN, SPINACH, CARAMELIZED ONION, DICED FLATBREAD: 6.95 APPLES, AND BACON

DISCLAIMER:

 CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

THE KITCHEN IS CLOSED BETWEEN 10:00 AM AND 11:00 AM, BUT THE CAFETERIA WILL REMAIN OPEN WITH A LIMITED SELECTION OF FOOD OPTIONS.

