

Last Menu Update: July 15, 2024

Choose the ORANGE selections for a healthier option.

LRH CAFETERIA MENU

MON JULY 15

BREAKFAST

BURRITOS	5.25
SCRAMBLED EGGS	2.60
SAUSAGE	1.60
HOME FRIES	2.50

LUNCH

SOUP OF THE DAY

POTATO-CHEESE SOUP WITH BACON AND GARNISHED WITH CHIVES

ENTRÉE

*CHICKEN STUFFED WITH BOURSIN CHEESE AND	CHICKEN: 5.95
SPINACH, SERVED WITH ROASTED RED SKIN	VEGETABLE: 1.80
POTATO AND SEASONAL VEGETABLES	POTATOES: 1.60
ENTREE SALAD AND SANDWICHES CAESAR SALAD / CHEF SALAD / ORANGE CHICKEN SALAD	SALADS: 7.50

WED JULY 17

BREAKFAST

BREAKFAST WRAP WITH BACON, CHEDDAR CHEESE, BELL PEPPERS, ONIONS, SCRAMBLED EGGS	5.95
SCRAMBLED EGGS	2.60
SAUSAGE	1.60
HOME FRIES	2.50

LUNCH

SOUP OF THE DAY

BEEF VEGETABLE SOUP WITH WHOLE GRAIN RICE AND TOPPED WITH CRISP ONIONS

ENTRÉE

*BAKED MEATLOAF WITH MASH POTATOES, AND FRESH MIXED VEGETABLES	MEATLOAF: 6.60 POTATOES: 1.60 VEGETABLES:1.80
ENTREE SALAD AND SANDWICHES CAESAR SALAD / CHEF SALAD / CALIFORNIA COBB SALAD	SALADS: 7.50

FRI JULY 19

BREAKFAST

FARMERS BREAKFAST: 2 EGGS, HAM STEAK AND HOME FRIES

TUE JULY 16

BREAKFAST

EUROPEAN COLD MUESLI WITH RASPBERRIES, SEEDS, NUTS, YOGURT	4.35
GRAB AND GO SANDWICHES	3.50
SCRAMBLED EGGS	2.60
BACON	1.75
HOME FRIES	2.50

LUNCH

SOUP OF THE DAY

CHILLED PINA COLADA SOUP GARNISHED WITH TOASTED COCONUT

ENTRÉE

FRIED HADDOCK SANDWICH ON A TELERA ROLL WITH LETTUCE, SLICED TOMATO, TATER SAUCE, SERVED WITH ONION RINGS	HADDOCK: 7.50 ONION RING: 3.25
ENTREE SALAD AND SANDWICHES CAESAR SALAD / CHEF SALAD / SOUTHWESTERN FLANK STEAK SALAD	SALADS: 7.50

THU JULY 18

BREAKFAST

CINNAMON RAISIN BREAD PUDDING TOPPED SAUTÉED APPLES AND WARM SYRUP	6.25
LUNCH	
SOUP OF THE DAY	

PASTA FAZOOL WITH PARSLEY

ENTRÉE

ASIAN DAY, TERIYAKI BEEF SKEWERS, POT STICKERS, CRAB RANGOON, GENERAL TSO CHICKEN, SHRIMP, FRIED RICE

PLATE: 9.00

DISCLAIMER:

• CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

THE KITCHEN IS CLOSED BETWEEN 10:00 AM AND 11:00 AM, BUT THE CAFETERIA WILL REMAIN OPEN WITH A LIMITED SELECTION OF FOOD OPTIONS.

LUNCH

SOUP OF THE DAY

CHEF'S CHOICE

ENTRÉE

*GRILLED SALMON TOPPED WITH A LEMON HOLLANDAISE, SERVED WITH ASPARAGUS AND BUTTERED BOILED YUKON POTATOES SALMON: 7.50 ASPARAGUS: 1.80 POTATOES: 1.60

6.25

*CHICKEN AND BLACK BEAN QUESADILLAS, SEASONED CHEESE, SAUTÉED BELL PEPPERS, TOMATOES, CILANTRO, SCALLIONS AND SERVED WITH SALSA AND SOUR CREAM

QUESADILLA: 6.95

