

# **LRH CAFETERIA MENU**

Choose the ORANGE selections for a healthier option.

### MON

**NOVEMBER 25** 

#### **BREAKFAST**

FRUIT PIE FRUIT PIE: \$3.58
QUICHE QUICHE: \$5.25

#### LUNCH

#### **SOUP OF THE DAY**

VEGETARIAN- ROOT VEGETABLE STEW

ITALIAN WEDDING SOUP WITH FRESH PARSLEY

#### **ENTRÉE**

\*LOADED STEAK TIPS WITH PEPPERS, ONION, & MUSHROOMS SERVED WITH ROASTED POTATOES, AND JULIENNE VEGETABLES

OPEN FACE TUNA MELT ON AN ENGLISH MUFFIN WITH TOMATOES, PROVOLONE CHEESE, SERVED WITH FRIES

TIPS: 8.00 POTATOES: 1.60 VEGETABLES: 1.80

> MELT: 7.00 FRIES:2.95

### **NOVEMBER 27**

#### **BREAKFAST**

\*CHEDDAR CHEESE BISCUIT BREAKFAST SANDWICH WITH BACON, PEPPERS, SPINACH, TOMATOES, EGG AND CHEDDAR CHEESE

\$5.95

#### **LUNCH**

WED

#### **SOUP OF THE DAY**

CHICKEN AND WILD RICE SOUP

VEGETARIAN- BROCCOLI AND CHEDDAR CREAM SOUP GARNISHED WITH CRISPY ONIONS

#### ENTRÉE

\*MEDITERRANEAN MARINATED PORK TENDERLOIN SERVED ON MUSHROOM RISOTTO WITH A DARK RED WINE DEMI AND MEDITERRANEAN VEGETABLE MIX

\*SHEPHERD'S PIE SERVED WITH ROASTED CARROTS

PORK: 5.25 RISOTTO: 1.95 VEGETABLE: 1.80

SHEPHERD'S PIE: 6.50 CARROTS: 1.80

## TUE

**NOVEMBER 26** 

#### **BREAKFAST**

EUROPEAN OVERNIGHT OATMEAL (MUESLI) WITH RED BERRIES, SEEDS, NUTS, YOGURT

\$4.02

#### **LUNCH**

#### **SOUP OF THE DAY**

ITALIAN WEDDING SOUP WITH FRESH PARSLEY CHICKEN AND WILD RICE SOUP

#### **ENTRÉE**

\*BAKED HADDOCK FILET BOSTON STYLE WITH A LEMON WHITE WINE SAUCE, SPINACH, RICE PILAF

ROASTED VEGETABLE RAVIOLI SERVED WITH ALFREDO OR PESTO SAUCE, GARLIC KNOTS AND ITALIAN VEGETABLES

HADDOCK: 7.50 RICE: 1.60

SPINACH: 1.80

RAVIOLI: 7.00 KNOTS: .80

# **THU** NOVEMBER 28 - THANKSGIVING

#### **BREAKFAST**

CHEF'S CHOICE

#### LUNCH

#### SOUP OF THE DAY

CHEF'S CHOICE

#### **ENTRÉE**

\*ROASTED TURKEY DINNER WITH MASHED POTATOES, SQUASH, STUFFING, GRAVY, CRANBERRY SAUCE, GREEN BEANS, AND A WARM DINNER ROLL

TURKEY DINNER: 10.50

# FRI

### **NOVEMBER 29**

#### **BREAKFAST**

\*HOBO OMELET WITH, EGG, CORN BEEF HASH AND AMERICAN CHEESE

\$6.50

#### LUNCH

#### **SOUP OF THE DAY**

CHEF'S CHOICE

#### ENTRÉE

PILGRIM WRAP

WRAP: 8.50

#### **DISCLAIMER:**

 CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

THE KITCHEN IS CLOSED BETWEEN 10:00 AM AND 11:00 AM, BUT THE CAFETERIA WILL REMAIN OPEN WITH A LIMITED SELECTION OF FOOD OPTIONS.

