LRH Cafeteria Menu: 11/23/26 – 11/27/26

MONDAY
11/23

BREAKFAST
WESTERN OMELET: DICED HAM, BELL PEPPERS, ONIONS, AND AMERICAN CHEESE

SOUP
- HEARTY CREAM OF VEGETABLE
- BEEF LENTIL WITH FRESH HERBS

LUNCH
FRIED CHICKEN SERVED WITH CORN AND POTATO SALAD

ROASTED VEGETABLE FLATBREAD PIZZA WITH PESTO, ZUCCHINI, PORTABELLO MUSHROOM, SUMMER SQUASH, RED PEPPERS, AND CARAMELIZED ONIONS

BREAKFAST
6.75

SOUP
SM: 2.40
LG: 4.60

LUNCH
CHICKEN: 7.50
CORN: 1.80
SALAD: 1.95

PIZZA: 8.50

TUESDAY
11/24

BREAKFAST
RASPBERRY AND PEACH OVERNIGHT OATS

SOUP
- BEEF LENTIL WITH FRESH HERBS
- POTATO, CHEDDAR, AND HAM WITH RYE BREAD CROUTONS

LUNCH
BROILED NY STEAK WITH ROASTED POTATOES AND GLAZED CARROTS

SALMON CAKES WITH CITRUS RICE AND BROCCOLI

BREAKFAST
4.50

SOUP
SM: 2.40
LG: 4.60

LUNCH
NY: 8.25
CARROTS: 1.80
POTATOES: 1.60

CAKES: 7.50
RICE: 1.60
BROCCOLI: 1.80

WEDNESDAY
11/25

BREAKFAST
CHEDDAR CHEESE BISCUIT BREAKFAST SANDWICH WITH BACON, EGG, AND PEPPER JACK CHEESE

SOUP
- POTATO, CHEDDAR, AND HAM WITH RYE BREAD CROUTONS
- CHEF'S CHOICE

LUNCH
MEATBALL SUB WITH MOZZARELLA CHEESE AND GARLIC PARMESAN FRIES

BAKED HADDOCK FILET BOSTON STYLE, SPINACH, AND RICE PILAF

BREAKFAST
7.50

SOUP
SM: 2.40
LG: 4.60

LUNCH
SUB: 8.00
FRIES: 3.25

HADDOCK: 7.50
SPINACH: 1.80
RICE: 1.60

THURSDAY
11/26

BREAKFAST
CHEF'S CHOICE

SOUP
CHEF'S CHOICE

LUNCH
ROASTED TURKEY DINNER WITH MASHED POTATOES, SQUASH, STUFFING, GRAVY, CRANBERRY SAUCE, GREEN BEANS, AND A WARM DINNER ROLL

BREAKFAST

SOUP
SM: 2.40
LG: 4.60

LUNCH
13.00

FRIDAY
11/27

BREAKFAST
CHEF'S CHOICE

SOUP
CHEF'S CHOICE

LUNCH
PILGRIM WRAP

BREAKFAST

SOUP
SM: 2.40
LG: 4.60

LUNCH
8.00

NOTES

Please inform the staff about any known allergies.

Disclosure:
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Pricing and availability are subject to change.

Cafeteria Hours:

Monday–Friday 6:30 AM - 7:00 PM
- *Breakfast served 6:30 AM - 10:00 AM*
- *Kitchen closed 10:00 AM - 11:00 AM (cafeteria remains open with limited selection)*
- *Lunch served 11:00 AM - 2:00 PM*
- *Closed for break 3:30 PM - 4:00 PM*
- *Dinner served 4:30 PM - 7:00 PM*

Saturday–Sunday 6:30 AM - 2:00 PM